

# Counseling, Social Work and Human Services





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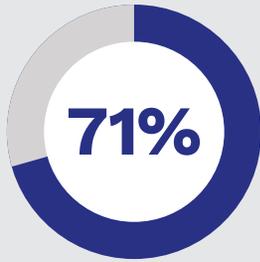
An illustration of a student with dark hair, wearing a light blue long-sleeved shirt and yellow pants, sitting in a grey chair and working on a laptop. The background is dark blue with faint, light blue outlines of computer monitors and a potted plant with green leaves and a red and white striped pot. A white mouse cursor arrow points towards the bottom right of the page.

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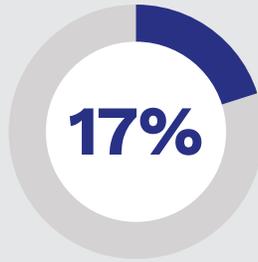
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## Student Reviews

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# COUNSELING

## ASSESSMENT AND TESTING

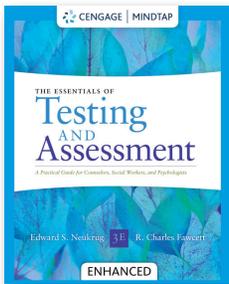
### ESSENTIALS OF TESTING AND ASSESSMENT, 3E

A Practical Guide for Counselors, Social Workers, and Psychologists, Enhanced

*Edward S. Neukrug, Old Dominion University; R. Charles Fawcett, University of Virginia*

© 2020, 368pp, Paperback, 9781285454245

MindTap eBook



Neukrug and Fawcett's **ESSENTIALS OF TESTING AND ASSESSMENT: A PRACTICAL GUIDE FOR COUNSELORS, SOCIAL WORKERS, AND PSYCHOLOGISTS, ENHANCED**, 3rd Edition, offers a comprehensive and easy-to-read introduction to

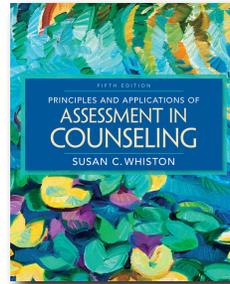
the concepts and applications of assessment and testing. Case vignettes, samples of real tests, and additional activities and exercises help you grasp and understand the material.

### PRINCIPLES AND APPLICATIONS OF ASSESSMENT IN COUNSELING, 5E

*Susan C. Whiston, Indiana University*

© 2017, 416pp, Paperback, 9780357670637

MindTap eBook



Created specifically for counseling students, this text provides you with a comprehensive introduction to assessment and focuses on the importance of using assessment results to monitor and evaluate the efficacy of counseling. Case studies throughout the book

help you learn to apply principles to real life. Updated throughout to prepare you for your future work, this edition includes material on the DSM-5 and corresponds to the 2014 Standards for Educational and Psychological Testing as well as to the 2016 CACREP Standards. MindTap, an online learning experience built on the book's content, is available with the text. MindTap guides you through the course and helps you master concepts by combining readings, video examples and other multimedia, applied activities, and assessments into a singular Learning Path.

## CAREER COUNSELING

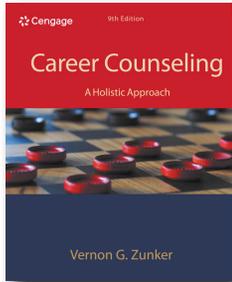
### CAREER COUNSELING, 9E

A Holistic Approach

Vernon G. Zunker, Emeritus, Southwest Texas State University

© 2016, 512pp, Hardback, 9781305087286

MindTap eBook



Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips you with a solid understanding of the theoretical models of career counseling as well as practical techniques on how

to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the ninth edition includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with exercises, tables, and other tools to help you maximize your success in class-and on the licensing exam.

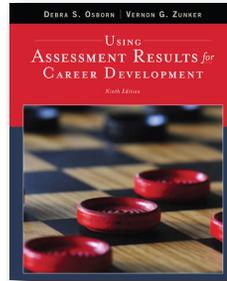
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### USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 9E

Debra S. Osborn, University of South Florida; Vernon G. Zunker, Emeritus, Southwest Texas State University

© 2016, 272pp, Paperback, 9781305397774

eBook



Reflecting the latest practices from the field, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 9th Edition vividly illustrates how to use assessment instruments to increase your clients' self-awareness and help them make rational

career choices. Extremely practical, this hands-on text delivers detailed information on using assessment results in a wide variety of counseling situations. Case studies, charts, bulleted and numbered lists, dialogues, and agency addresses help you effectively apply your knowledge of tests and measurements in clinical settings-ensuring that you truly master the use of assessment instruments.

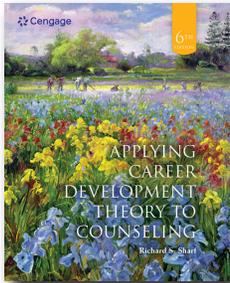
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## APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6E

Richard S. Sharf, *University of Delaware*

© 2014, Paperback, 9780357670705

MindTap eBook



A must-read for counselors in training, Sharf's **APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition**, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly

written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website supports your studying and learning by providing case studies, tutorial quizzes, and relevant links. Available with InfoTrac® Student Collections <http://goengage.com/infotrac>.

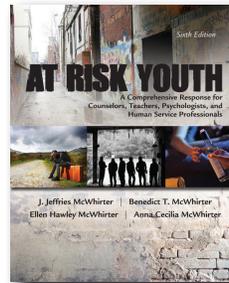
## CHILDREN & ADOLESCENTS

### AT RISK YOUTH, 6E

J. Jeffries McWhirter, *Arizona State University*; Benedict T. McWhirter, *University of Oregon*; Ellen Hawley McWhirter, *University of Oregon*

© 2017, 448pp, Paperback, 9781305670389

eBook



This text provides the conceptual and practical information on key issues and problems that you will need to prepare effectively for work with at-risk youth. Each chapter has resources that direct you to interesting and informative YouTube, TEDTalk, and research

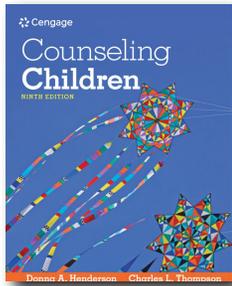
sites to expand upon and illustrate the written information. The authors describe and discuss the latest research-supported, evidence-based prevention and intervention techniques that will help you perform your job successfully and improve the lives of young people at risk.

## COUNSELING CHILDREN, 9E

Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

© 2016, 768pp, Hardback, 9781285464541

### eBook



COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

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## COMMUNITY & AGENCY COUNSELING

### PROMOTING COMMUNITY CHANGE: MAKING IT HAPPEN IN THE REAL WORLD, 6E

Mark S. Homan, Retired, Pima Community College

© 2016, 624pp, Paperback, 9781305101944

### eBook



Improve the lives of individual clients and their communities with the skills you learn in PROMOTING COMMUNITY CHANGE, 6th Edition. This practical--and often humorous--text addresses the real-world issues facing professionals in social work, human services, and community health. It also emphasizes the role a strengthened community can play in preventing and solving the problems commonly experienced by individuals and families. By teaching you to identify the issues related to change, this text provides you with the tools you need to bring clients, families, and other community members together to build healthier communities for themselves, their families, and their neighbors.

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## COUNSELING DIVERSE POPULATIONS

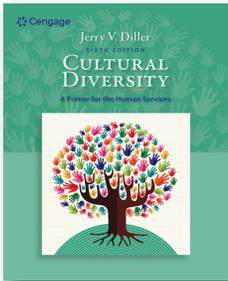
### CULTURAL DIVERSITY, 6E

A Primer for the Human Services

Jerry V. Diller, *The Wright Institute, Berkeley, California*

© 2019, 464pp, Paperback, 9781337563383

MindTap eBook



Author Jerry Diller's practical text offers you a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. **CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES**, 6th Edition,

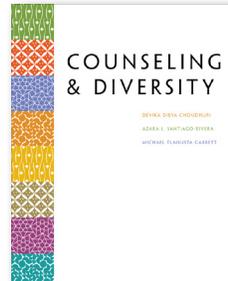
covers the general principles of cultural diversity, the process of cross-cultural service delivery and cultural information on specific client populations. You'll also find practical clinical suggestions and cautions through interviews with professionals from different ethnic backgrounds. Finally, you'll gain a better understanding of your own prejudices so that you can be a more effective counselor when working with clients from different cultures.

### COUNSELING & DIVERSITY

*Devika Ditya Choudhuri, Eastern Michigan University;*  
*Azara Santiago-Rivera, University of Wisconsin-Milwaukee;*  
*Dr. Michael Garrett, Eastern Band of the Cherokee Nation,*  
*Counselor and Private Consultant*

© 2012, 352pp, Paperback, 9780618470365

eBook



Packed with real-world applications and excerpts from original sources, **COUNSELING AND DIVERSITY** addresses the three dimensions of multicultural counseling competency (awareness, knowledge and skills) while increasing your

understanding of oppression and the structures of power. This innovative book addresses the constructs of culture, worldview, race, ethnicity, gender, age, sexual orientation, physical and mental ability, socioeconomic class, and spirituality and religion as complex dimensions of social and personal identity. In addition, a unique "satellite" series of monographs provide a thorough introduction to issues in counseling with specific populations, including Arab Americans, African Americans, Asian Americans, Latino/a Americans, Native Americans, and LGBTQ Americans. In this way, **COUNSELING AND DIVERSITY** equips you with a historical, sociopolitical, and psychological overview of each aspect of identity that will have resonance in counseling, psychotherapy, and other helping professions, and empowers you with the knowledge and tools to be confident in counseling in a multicultural setting.

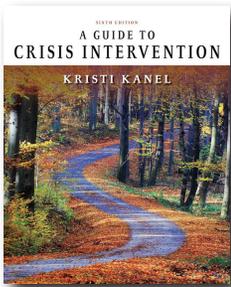
## CRISIS INTERVENTION

### A GUIDE TO CRISIS INTERVENTION, 6E

*Kristi Kanel, California State University, Fullerton*

© 2019, 352pp, Paperback, 9781337566414

MindTap eBook



Handle any crisis situation with the help of this practical, nuts-and-bolts guide. *A GUIDE TO CRISIS INTERVENTION*, 6th Edition covers the fundamentals of situational and developmental crises, how they occur and how you can manage them.

Author Kristi Kanel discusses traditional counseling models as they relate to crisis intervention, and shows how they're incorporated into her ABC Model of Crisis Intervention--which you can use in any mental health setting with anyone in crisis. Examples illuminate the psychological and behavioral dynamics associated with crisis situations. Cases and scripts help you learn exactly what to say to clients, whether the crisis is developmental; related to trauma, post-traumatic stress disorder (PTSD), substance abuse or other factors; or arises from personal victimization. You'll also learn how to conduct suicide assessments and mental status exams.

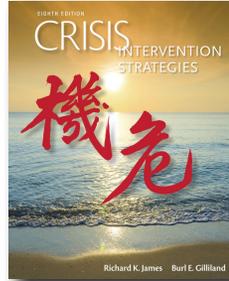
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### CRISIS INTERVENTION STRATEGIES, 8E

*Richard K. James, University of Memphis; Burl E. Gilliland, Late of University of Memphis*

© 2017, 752pp, Paperback, 9780357670651

MindTap eBook



This authoritative, best-selling text presents the latest skills and techniques for handling crisis situations. The authors' task model clearly illustrates and elucidates the process of dealing with people in crisis, from defining the problem to obtaining commitment.

Using this model, the authors build specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. This book puts you on the front lines with the crisis worker throughout the chapters, and then illuminates the techniques and strategies the worker used. New videos in MindTap (available with the text) correlate with the text and demonstrate crisis intervention techniques, ensuring that you not only understand the theoretical underpinnings of crisis intervention theories, but also know how to apply them in crisis situations.

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## ETHICS & LEGAL ISSUES

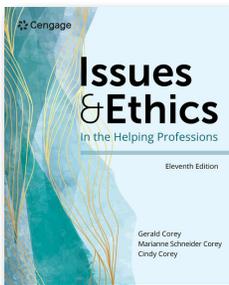
### NEW EDITION

## ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 11E

Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey, Licensed Therapist, Private Practice; Cindy Corey

© 2024, 544pp, Paperback, 9780357622599

### MindTap eBook



Reflecting the latest research and practices, Corey/Corey/Corey's ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 11th Edition, helps you discover and determine your own guidelines for helping within the broad limits of

professional codes of ethics and divergent theoretical positions. This bestseller is the ideal resource for students in any helping field -- a book readers return to well into their professional careers. The authors point out central issues, present a range of diverse views on the issues, discuss their position and provide opportunities for you to develop your own informed position. Offering a wide range of perspectives, about 40 respected leaders in the counseling profession also share their positions through the new Voices From the Field feature. Also available, the MindTap digital learning solution delivers interactive learning, study and exam prep tools.

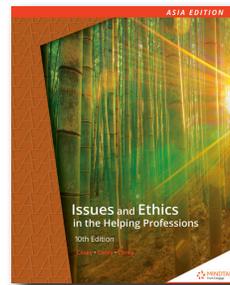
## AE ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 10E

Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey, Licensed Therapist, Private Practice; Cindy Corey

© 2019, 544pp, Paperback, 9789814834728

### MindTap

### AsiaTitle



Up-to-date and comprehensive, this practical best seller provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected

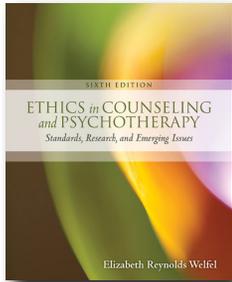
authors Gerald Corey, Marianne Corey, and Cindy Corey raise what they consider to be central issues, present a range of diverse views on the issues, discuss their position, and provide opportunities for students to refine their thinking and develop an informed position. With new material in every chapter and an emphasis on critical thinking, ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 10th Edition, is useful for students as well as practicing professionals. This edition features MindTap®, the digital learning solution that helps instructors engage and transform today's students into critical thinkers and successful helpers.

## ETHICS IN COUNSELING & PSYCHOTHERAPY, 6E

Elizabeth Reynolds Welfel, Cleveland State University

© 2016, 624pp, Paperback, 9781305089723

### eBook



Welfel's ETHICS IN COUNSELING AND PSYCHOTHERAPY prepares you to deal effectively with the complex ethical and legal issues that you will confront in practice. The book's ten-step model for ethical decision making guides you as you work

through and analyze complicated ethics cases and challenging dilemmas. Coverage includes legal research and the professional literature of major topics in ethics (such as consent, confidentiality, and multiple relationships) and in applied settings (such as community mental health, private practice, schools, and teaching/research). Among other changes, the sixth edition integrates the new 2014 ACA Code of Ethics and includes updated discussions of technology and ethics, as well as culturally competent ethical practice.

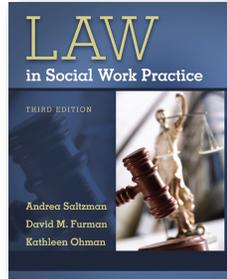
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## LAW IN SOCIAL WORK PRACTICE, 3E

Andrea Saltzman, University of California, Berkeley; David M. Furman, University of Denver; Kathleen Ohman, University of Illinois, Urbana-Champaign

© 2016, 544pp, Paperback, 9781133312611

### eBook



Written by an author team educated in both the law and social work, this book acquaints you with major state and federal laws, regulations, and court opinions that directly affect social work practice. LAW IN SOCIAL WORK PRACTICE, 3rd Edition

helps you understand how to work within the legal system to benefit clients and further client interests, recognize certain client problems as legal, and work effectively with lawyers, as well as how the law shapes and restricts clients' actions. It also addresses how the law regulates social work practice, and how to recognize and respect the rights of clients and others affected by a practitioner's actions.

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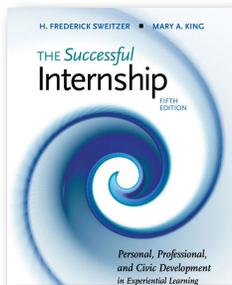
## FIELD/PRACTICUM/INTERNSHIP

### THE SUCCESSFUL INTERNSHIP, 5E

*H. Frederick Sweitzer, University of Hartford; Mary A. King, Fitchburg State University*

© 2019, 480pp, Paperback, 9781305966826

MindTap eBook



THE SUCCESSFUL INTERNSHIP: PERSONAL, PROFESSIONAL, AND CIVIC DEVELOPMENT, 5th Edition, is more than a resource for finding and interviewing for internships—it covers the entire internship experience, how you fit into it and how you

can get the most out of it. It addresses the concerns, emotions, needs and unique personal challenges that you'll experience and focuses on the internship as a vehicle for your development as a civic professional. The authors detail the path that you'll embark on and the challenges you'll face along the way. A four-stage model of the internship process—anticipation, exploration, competence and culmination—places the material in a framework that helps you understand the work you'll be doing.

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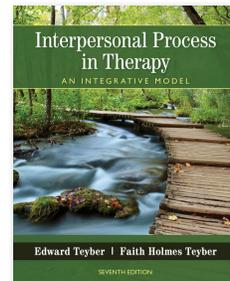
### INTERPERSONAL PROCESS IN THERAPY, 7E

An Integrative Model

*Edward Teyber, California State University, San Bernardino (Emeritus); Faith Holmes McClure, California State University, San Bernardino (Emeritus)*

© 2017, 512pp, Hardback, 9781305271531

MindTap eBook



Therapy that effects change must authentically involve you, the therapist. Engaging, readable, and immediately helpful with clients, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL brings together various theories into a cohesive

framework that centers on the therapeutic relationship. It shows you practical ways to intervene with your clients, while addressing and alleviating the concerns new therapists often have -- such as worrying about making "mistakes." It also provides clear guidelines for effective (and ineffective) ways to establish a working alliance, address resistance and resolve ruptures in the therapeutic relationship, help clients transition from surface conversation to their key concerns, respond to clients' painful feelings, develop a focus for treatment, and more. Featuring new case examples and updated research, the seventh edition's extensive clinical vignettes and sample therapist-client dialogues will bring you "in the room" with the therapist.

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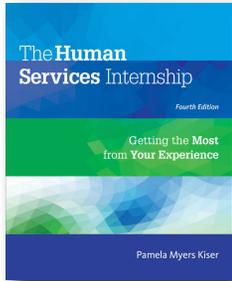
## THE HUMAN SERVICES INTERNSHIP, 4E

Getting the Most from Your Experience

*Pamela Myers Kiser, Elon University*

© 2016, 384pp, Paperback, 9781305087347

### eBook



An internship can be transformative, and this book helps you make sure that's the case. With THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE, 4th Edition as your guide, you'll make a meaningful connection

between your classroom learning and fieldwork experience. This practical, hands-on text features a unique six-step model that guides you in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. With exercises and activities designed to get you thinking reflectively about your day-to-day internship experiences right from the start, the author offers you tools to analyze and apply the lessons you've learned to your future career. Chapters focused on ethics, diversity, communication skills, stress management, and other key topics help you integrate your classroom knowledge with your experiences in the field. Supporting you through every stage of the internship process, the book explains what to expect at various points in the internship's development, offers tips for avoiding potential pitfalls, and includes examples of other students' experiences.

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## GROUP COUNSELING

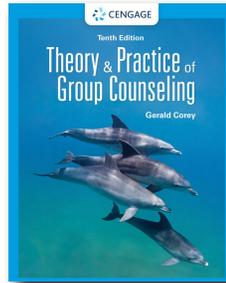
### NEW EDITION

## THEORY AND PRACTICE OF GROUP COUNSELING, 10E

*Gerald Corey, Professor emeritus of Human Services and  
Counseling at California State University at Fullerton*

© 2023, 560pp, Paperback, 9780357622957

### MindTap



Gain an in-depth overview of the ten group counseling theories with Corey's best-selling THEORY AND PRACTICE OF GROUP COUNSELING, 10E. Using a clear, straightforward writing style, this edition illustrates how to put these theories into practice and

even guides you in developing your own framework for effective group counseling with a syntheses of various aspects of the theories. New learning objectives and a consistent chapter structure help you easily grasp each theoretical concept and its relationship to group practice. This edition highlights the latest developments and most recent literature from the field with new and expanded information on accreditations, ethics and cultural sensitivity. A new video series, Group Theories in Action, provides video segments that correspond to Chapters 6-15 and bring each theory to life.

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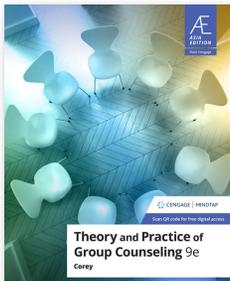
## AE THEORY AND PRACTICE OF GROUP COUNSELING, 9E

Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton

© 2020, 544pp, Paperback, 9789814878159

MindTap

AsiaTitle



THEORY AND PRACTICE OF GROUP COUNSELING, 9th Edition, gives students an in-depth overview of the eleven group counseling theories. In addition to illustrating how to put these theories into practice, this best-selling text guides students in developing their

own syntheses of various aspects of the theories. With Corey's clear, straightforward writing style, students are able to grasp each theoretical concept and its relationship to group practice with ease.

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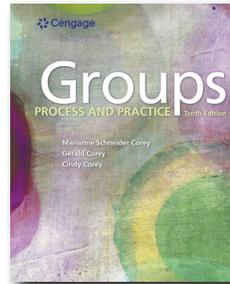
## GROUPS, 10E

Process and Practice

Marianne Schneider Corey, Licensed Therapist, Private Practice; Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Cindy Corey

© 2018, 576pp, Hardback, 9781305865709

MindTap eBook



Learn to blend theory with practice in group work with Marianne, Gerald, and Cindy Corey's **GROUPS: PROCESS AND PRACTICE**. Focusing on the "what is" and the "how to" of group counseling, the authors use up-to-date examples, guidelines,

insights, and an enhanced diversity perspective to show you how group leaders can apply the key concepts of the group process to a variety of groups. You'll receive practical guidance on working with groups of children, adolescents, and adults in both school settings and community settings. Many new activities encourage active learning, enabling you to see clinical applications come to life in the content that is covered. Also available: the MindTap online learning experience, which includes videos of group counseling sessions that further help to prepare you for professional practice.

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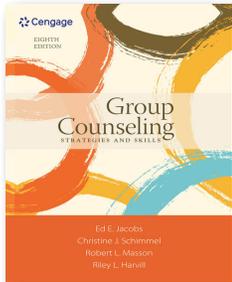
## GROUP COUNSELING, 8E

Strategies and Skills

*Ed E. Jacobs, West Virginia University, Morgantown; Christine J. Schimmel, West Virginia University; Robert L. Masson, West Virginia University, Morgantown; Riley L. Harvill*

© 2016, 496pp, Paperback, 9781305087309

MindTap eBook



**GROUP COUNSELING: STRATEGIES AND SKILLS, Eighth Edition,** provides an in-depth look at group counseling with an emphasis on practical knowledge and techniques for effective group leadership. The authors discuss the many facets of

group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. The book focuses on the skills necessary for starting and ending a session, as well as on how to make the middle phase productive and meaningful. Its practical, active approach is supported by nearly 50 video segments—including several new ones—that demonstrate specific skills as well as the integration of multiple skills and techniques. Through its integration of traditional theories and concepts of group process with thoughtful strategies and specific skills, this reader-friendly book and video clips meet the needs of practicing or future counselors, social workers, psychologists, and others who are leading or preparing to lead groups in a variety of settings.

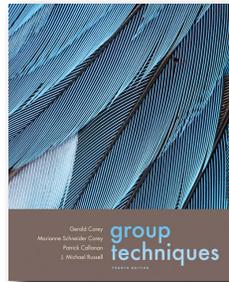
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## GROUP TECHNIQUES, 4E

*Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey; Patrick Callanan, California State University, Fullerton; J. Michael Russell, California State University, Fullerton*

© 2015, 240pp, Paperback, 9780534612696

eBook



More than a recipe book of techniques that group leaders can pull out at the right time, this book encourages readers to use techniques sensitively and creatively in their own groups, and to go one step further to invent their own techniques. The authors

draw on their combined experiences as teachers, as consultants to mental-health professionals, and as private practitioners to provide a realistic approach to group work. Emphasizing that techniques are means, not ends, the book is designed to enhance the group leader's ability to generate a therapeutic and human rapport between leader and members.

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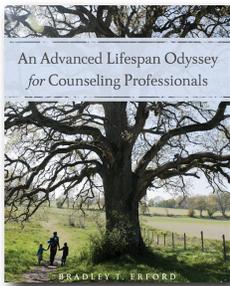
## HUMAN GROWTH AND DEVELOPMENT

### AN ADVANCED LIFESPAN ODYSSEY FOR COUNSELING PROFESSIONALS

Bradley T. Erford, Loyola University, Maryland; Irvin B. Tucker, University of North Carolina, Charlotte

© 2017, 576pp, Hardback, 9781285083582

MindTap eBook



Written specifically for counselors-in-training, this practical new text features an engaging writing style with real-life cases and applications. AN ADVANCED LIFESPAN ODYSSEY FOR COUNSELING PROFESSIONALS, 1st

Edition, covers the typical lifespan topics, but with a focus on developmental issues you'll encounter as a counseling professional -- and the strategies and techniques to deal with them. Case studies and discussions of current issues anchor the material in the real world. Reflections from parents and current counselors further enhance the text's applied emphasis, giving you ideas for how to integrate the theories and other information into real-life practice. This is a book you'll want to keep on hand long after you leave the course.

## INTRODUCTION TO COUNSELING

### AE BECOMING A HELPER, 8E

Marianne Schneider Corey, Licensed Therapist, Private Practice; Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton

© 2021, Paperback, 9789814896955

AsiaTitle



Ideal for anyone beginning or considering a career in the helping professions, BECOMING A HELPER, Eighth Edition, provides an overview of the stages of the helping process while equipping students with the skills and knowledge to become successful

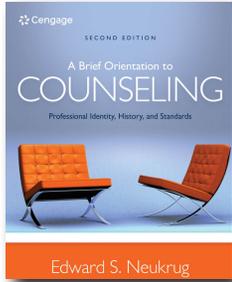
professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties and uncertainties students often encounter on the road to becoming effective helpers. Emphasizing self-reflection, they provide a candid look at the demands and strains of real-world practice -- helping students decide if this is the right career for them. It is an excellent resource for those planning a career in human services, counseling, social work, psychology, couples and family therapy, or related professions and helpers just starting their careers. In addition, MindTap empowers students with anywhere, anytime digital learning resources.

## A BRIEF ORIENTATION TO COUNSELING, 2E

Professional Identity, History, and Standards  
*Edward S. Neukrug, Old Dominion University*

© 2017, 240pp, Paperback, 9781305669055

MindTap eBook



A BRIEF ORIENTATION TO COUNSELING provides the unique knowledge and skills you need as you begin your journey toward building an identity as a professional counselor. Neukrug clearly and concisely addresses 13 critical areas related to Professional Orientation and Ethical Practice that will form the foundation for your success in practice. Along the way, he provides real-world advice, vignettes to reflect upon, experiential activities, and case studies that will help you prepare for a career in the helping professions.

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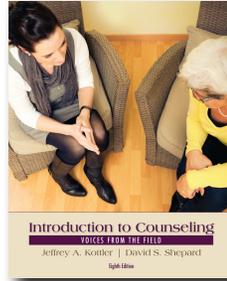
## INTRODUCTION TO COUNSELING, 8E

Voices from the Field

*Jeffrey A. Kottler, California State University, Fullerton; David S. Shepard, California State University, Fullerton*

© 2015, 560pp, Paperback, 9781285084763

eBook



This overview of the counseling profession exposes you to real challenges faced by experienced practitioners and gives you an unparalleled look at what your professional future may hold. INTRODUCTION TO COUNSELING:

VOICES FROM THE FIELD, Eighth Edition, explains what counseling is as well as its history, theoretical orientations, applications, and professional issues. As you become engaged in the process of learning and applying counseling concepts, you'll examine the day-to-day realities of being a counselor as well as your own motivation for choosing the profession. "Voices from the Field" sections offer further insight into the real challenges faced by experienced practitioners, as well as the ways in which those challenges were resolved. Videos, available at the book's CourseMate website, bring topics to life. Finally, experiential exercises integrated into every chapter help you reflect on the material.

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## MARRIAGE & FAMILY COUNSELING

### NEW EDITION

# MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 4E

*Diane R. Gehart, California State University, Northridge*

© 2024, 672pp, Paperback, 9780357764565

### eBook



Gehart's **MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION**, 4th Edition, not only teaches you about family therapy theories, but also how to

use them. A resource you will turn to again and again, it covers most of what you need to know in graduate school and to pass your licensing exams. Students love the book's relaxed, down-to-earth style that makes even complex concepts easy to understand, along with its real-world clinical forms -- case conceptualization and treatment planning -- that can be used with clients. Integrating diversity and research considerations into theoretical discussions and practical applications, the book provides a more holistic and nuanced understanding of couple and family therapy. The fourth edition is packed with the latest research, new theories, telehealth practices, licensure exam prep tips and more.

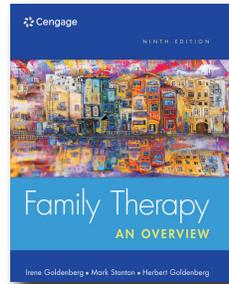
## FAMILY THERAPY, 9E

An Overview

*Irene Goldenberg, UCLA Neuropsychiatric Institute; Mark Stanton, Azusa Pacific University; Herbert Goldenberg, California State University, Los Angeles, Emeritus*

© 2017, 608pp, Hardback, 9781305092969

### MindTap eBook



This current, engaging, and practice-oriented text is your complete resource for mastering the many facets of family therapy. In this ninth edition, the authors examine and explain key viewpoints, perspectives, values, intervention techniques, and goals of

family therapy -- featuring practice-oriented content to help you become an empathic and effective family therapist. Color-coded boxes highlight key aspects of family therapy, such as family diversity, evidence-based practice research, "Thinking Like a Clinician" exercises, case studies, clinical notes, and therapeutic encounters. Examples illustrate family therapists from many professions, including social work, MFT, psychology, and counseling. You'll also find up-to-date material representing the latest thinking on central issues and topics, including increased attention to LGBTQ families and alternative forms of family life and to gender, culture, and ethnic considerations.

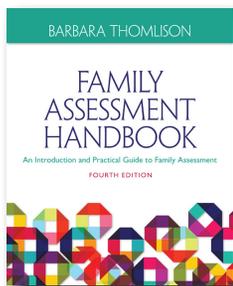
## FAMILY ASSESSMENT HANDBOOK, 4E

An Introductory Practice Guide to Family Assessment

*Barbara Thomlison, Florida International University*

© 2016, 304pp, Paperback, 9781285443973

### eBook



Prepare to work effectively with families with **FAMILY ASSESSMENT HANDBOOK: AN INTRODUCTION AND PRACTICAL GUIDE TO FAMILY ASSESSMENT**, Fourth Edition. Providing practical information and theoretical foundations

established on evidence-based methodology, the text presents a step-by-step approach to family practice that teaches you to be a critical thinker for the study and practice of family work. You'll learn to develop multiple views of a problem, and to integrate common skills from traditional, post-modern, and evidence-based systemic family models. The evidence base for this edition reflects a resilience-based and integrated family systems approach to practice. First, you'll study relevant systems theory and concepts that guide family practice, building a foundation that will assist you in case assessment. Next, you'll be introduced to evidence-based assessment measures and interventions for common family issues. You'll also study the important role of reflection and disclosure writing skills for engaging families. New cases demonstrate the process of assessment and interventions, and exercises help you hone your skills. In addition, you'll find examples of assessment reports, intervention contracts, and capstone assessment case presentations in Appendices.

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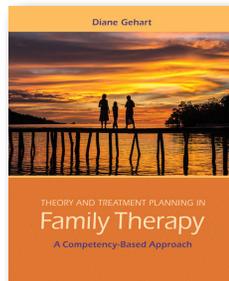
## THEORY AND TREATMENT PLANNING IN FAMILY THERAPY

A Competency-Based Approach

*Diane R. Gehart, California State University, Northridge*

© 2016, 480pp, Hardback, 9781285456430

### eBook



**THEORY AND TREATMENT PLANNING IN FAMILY THERAPY: A COMPETENCY-BASED APPROACH** prepares you for the realities of practicing therapy. This book's learning-centered, outcomes-based approach engages you in an active

learning process, introducing family therapy theories using theory-specific case conceptualization and treatment planning. These assignments empower you to apply theoretical concepts and develop real-world skills as early as possible in your training. The author uses a down-to-earth style to explain concepts in clear and practical language. She also includes extensive discussions about how diversity issues and research inform contemporary practice of family therapy.

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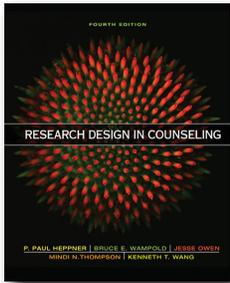
## RESEARCH AND STATISTICS

### RESEARCH DESIGN IN COUNSELING, 4E

*P. Paul Heppner, University of Missouri, Columbia; Bruce E. Wampold, University of Wisconsin, Madison; Jesse Owen, University of Denver; Mindi N. Thompson, University of Wisconsin*

© 2016, Paperback, 9780357670767

#### eBook



Quell any fears you may have about science and research design with this clear introduction to the basics of research design today. With enlightening examples and illustrations drawn from the counseling literature, **RESEARCH DESIGN IN COUNSELING**,

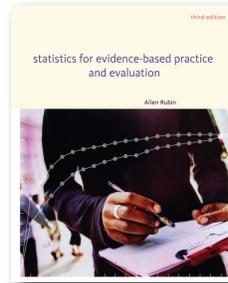
4th Edition fully addresses the most common issues that counseling researchers encounter. The authors' accessible approach provides you with an understanding of the various types of research, including both quantitative and qualitative approaches. Filled with helpful examples that utilize a broad variety of research designs, this book provides the fundamentals of conducting research while providing clear instruction on the strengths and weaknesses of different designs, choosing variables, ethics, writing, and publishing your work in the top professional counseling journals.

### STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E

*Allen Rubin*

© 2013, 368pp, Paperback, 9780840029140

#### eBook



Both practical and easy to read, Rubin's social work-specific **STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION** provides you with a step-by-step guide that will help you succeed in your course. Practice illustrations and exercises

support your ability to study and retain core concepts, while practical examples provide you with the opportunity to see how and when data analysis and statistics are used in the real world.

## SCHOOL COUNSELING

### NEW EDITION

## THE TRANSFORMED SCHOOL COUNSELOR, 4E

Carol A. Dahir, *New York Institute of Technology*;  
Carolyn Bishop Stone, *University of North Florida*

© 2024, 560pp, Paperback, 9780357764770

### eBook



Prepare for real-world practice with Dahir/Stone's **THE TRANSFORMED SCHOOL COUNSELOR, 4E**. You learn to apply theories and make effective data-driven decisions. You also learn to lead, advocate and consult in order to foster social justice and

equity and improve your future students' opportunities for success. Updates throughout this edition integrate the 2019 ASCA National Model and align with 2023 CACREP standards as content demonstrates how the school counseling profession has transformed to meet the needs of today's students. You examine your sphere of influence from a systemic perspective and study societal and educational changes that impact counseling, including the economy, technology, family structures, standards-based education and culturally sustaining practices. New case studies, insights from practitioners, the latest research and contemporary illustrations reinforce your learning and help you prepare for success.

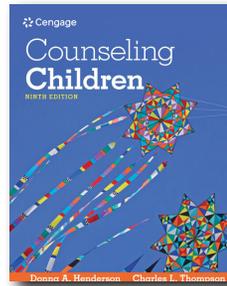
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## COUNSELING CHILDREN, 9E

Donna A. Henderson, *Wake Forest University*; Charles L. Thompson, *Late of, University of Tennessee, Knoxville*

© 2016, 768pp, Hardback, 9781285464541

### eBook



**COUNSELING CHILDREN** covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and

current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

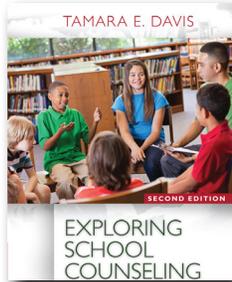
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## EXPLORING SCHOOL COUNSELING, 2E

Tamara E. Davis, Marymount University

© 2015, 368pp, Paperback, 9781285736167

### eBook



Get a realistic front-line look at what it means to be a school counselor. Emphasizing an action-oriented approach, this text concentrates on the practical aspects of school counseling by focusing on the roles of the counselor.

Each chapter includes an excerpt from the author or a contributor that relates a personal experience in a school setting. These first- and second-hand accounts throughout the text support the theory, practice, and skills for school counseling and illustrate the many roles and responsibilities counselors assume in schools. EXPLORING SCHOOL COUNSELING, 2nd Edition features a greater emphasis on CACREP standards as well as the ASCA National Model and School Counselor Competencies.

## SKILLS, TECHNIQUES, & PROCESS

### NEW EDITION

## AE INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 10E

Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett

© 2023, 456pp, Paperback, 9789815059472

### AsiaTitle



Develop original, clear interviewing skills with the hallmark microskills approach within INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL

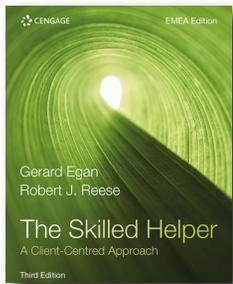
SOCIETY, 10E. This text provides the insights and tools you need to address individual and multicultural uniqueness. You learn to conduct interviews using six different theoretical approaches as you begin to develop a personalized style of interviewing and counseling that matches your aptitudes and affinities. This is the only text of its kind that demonstrates how to understand and use the latest neuroscience developments in counseling practice. Updates detail how counseling and psychotherapy change the brain and build new neural networks in both client and counselor. New content also emphasizes telehealth and trauma counseling and the effects of stress and the pandemic. Timely case studies, sample interviews and a “Portfolio of Competencies” help you master key skills and become a better listener.

## THE SKILLED HELPER, 3E

*Gerard Egan, Professor Emeritus, Loyola University of Chicago; Robert J Reese, Prof and Chair of the Department of Educational, School, and Counseling Psychology at the University of Kentucky*

© 2021, 432pp, Paperback, 9781473774919

MindTap



The third edition of Gerard Egan's bestselling text has been thoroughly updated with the latest research to support today's students in becoming effective helpers. Using a practical three stage process, it engages with helpers to build their confidence and teach them

how to tackle the variety of complex situations which they might encounter throughout their work. The Skilled Helper integrates the most relevant aspects of different theoretical orientations (humanistic, cognitive, behavioural and solution-focused) into a pragmatic approach to helping.

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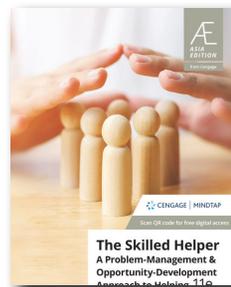
## AE THE SKILLED HELPER: A PROBLEM-MANAGEMENT AND OPPORTUNITY-DEVELOPMENT APPROACH TO HELPING, 11E

*Gerard Egan, Professor Emeritus, Loyola University of Chicago; Robert J. Reese, University of Kentucky*

© 2020, 456pp, Paperback, 9789814834483

MindTap

AsiaTitle



THE SKILLED HELPER has taught thousands of students a proven, step-by-step counseling process that equips them to become more confident and competent helpers. Internationally recognized for its successful problem-management and

opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage framework that drives client problem-managing and opportunity-developing action. As they read, students also gain a feeling for the complexity inherent in any helping relationship. In the eleventh edition, Gerard Egan and new co-author Robert J. Reese emphasize the "power of basics," which are the key ingredients of successful therapy. The authors name, simplify, clarify and organize these basics, showing students what they need to understand and DO to be effective helpers.

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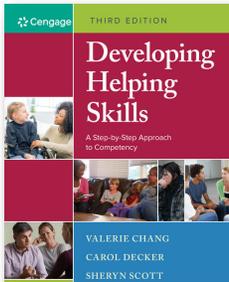
## DEVELOPING HELPING SKILLS, 3E

A Step-by-Step Approach to Competency

*Valerie Nash Chang, Indiana University, Emeritus; Carol L. Decker, Indiana University; Sheryn T. Scott, Azusa Pacific University*

© 2018, 368pp, Paperback, 9781305943261

MindTap eBook



Whether you are preparing for social work, psychology, counseling, marriage and family therapy, pastoral counseling, human services, or a related helping profession, this book presents the fundamental knowledge and skills you need. The

authors' multilayered learning system integrates reading and discussion with self-assessment and practice. DEVELOPING HELPING SKILLS prepares professionals in training for generalist practice with individuals, families, and groups, including entire communities and organizations. The text also includes a case that helps you learn to think like a professional. Finally, role playing in practice interviews as well as evaluation tools allow you to assess your progress and determine your readiness to apply your skills in real-life settings. If you use the MindTap online learning experience, you'll have access to videos demonstrating application of the skills, flashcards, notetaking, a mobile app, and other resources to help you succeed in the course.

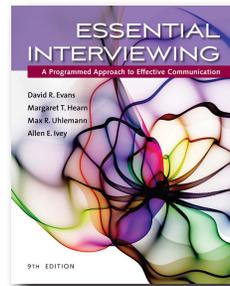
## ESSENTIAL INTERVIEWING, 9E

A Programmed Approach to Effective Communication

*David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst*

© 2017, 336pp, Paperback, 9781305271500

MindTap eBook



Interviewing is one of the most important skills that you'll use in your career. This proven text gives you the tools you need to conduct successful interviews with diverse clients in a variety of professional settings, including social work,

counseling, nursing, personnel work, and human services. With an emphasis on the three major stages of interviewing: exploration, clarification, and action, ESSENTIAL INTERVIEWING offers the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. The text makes interview skills clear and specific -- and exposes you to a variety of client situations and cultures. Each chapter highlights an ethical situation you may confront in your future career, further grounding you in current standards of professional practice.

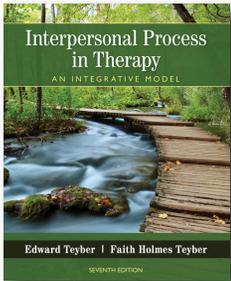
## INTERPERSONAL PROCESS IN THERAPY, 7E

An Integrative Model

Edward Teyber, *California State University, San Bernardino (Emeritus)*; Faith Holmes McClure, *California State University, San Bernardino (Emeritus)*

© 2017, 512pp, Hardback, 9781305271531

MindTap eBook



Therapy that effects change must authentically involve you, the therapist. Engaging, readable, and immediately helpful with clients, **INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL** brings together various theories into a cohesive

framework that centers on the therapeutic relationship. It shows you practical ways to intervene with your clients, while addressing and alleviating the concerns new therapists often have -- such as worrying about making "mistakes." It also provides clear guidelines for effective (and ineffective) ways to establish a working alliance, address resistance and resolve ruptures in the therapeutic relationship, help clients transition from surface conversation to their key concerns, respond to clients' painful feelings, develop a focus for treatment, and more. Featuring new case examples and updated research, the seventh edition's extensive clinical vignettes and sample therapist-client dialogues will bring you "in the room" with the therapist.

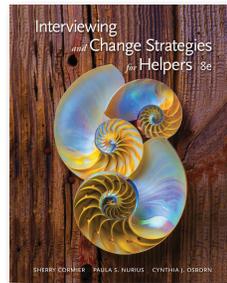
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## INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 8E

Sherry Cormier, *West Virginia University, Department of Counseling Psychology*; Paula S. Nurius, *University of Washington, School of Social Work*; Cynthia J. Osborn, *Kent State University, Counseling and Human Development Services*

© 2017, 640pp, Hardback, 9781305271456

MindTap eBook



Fully updated to reflect the latest research and issues, **INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS**, Eighth Edition introduces you to the knowledge, skills, values, and tools needed by today's professional helpers. The book's

conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and evidence-based intervention change strategies, thus preparing you to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

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**NEW EDITION in June 2023**

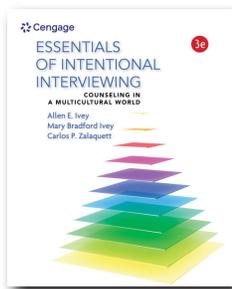
## ESSENTIALS OF INTENTIONAL INTERVIEWING, 3E

Counseling in a Multicultural World

*Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett*

© 2016, 340pp, Paperback, 9781305087330

**MindTap eBook**



ESSENTIALS OF INTENTIONAL INTERVIEWING, 3rd Edition, is your guide to interviewing in the helping professions. This succinct, reader-friendly text focuses on what you really need to know to begin your journey toward becoming an

effective professional in a diverse world. The Third Edition retains the authors' renowned microskills model, which revolutionized modern understanding of the counseling and therapy process by teaching vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, new video content, and brief summaries of key theories of helping (with additional information and transcripts available online). In addition, MindTap—an online learning platform with a full array of text-specific study tools—is available with the new edition.

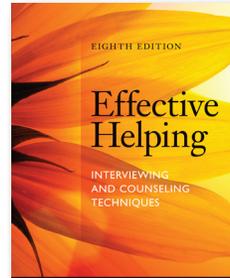
## EFFECTIVE HELPING, 8E

Interviewing and Counseling Techniques

*Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Ricki E. Kantrowitz, Westfield State College*

© 2015, 368pp, Paperback, 9781285161594

**eBook**



Learn the skills and strategies you need to be an effective and empathic helper with EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES, Eighth Edition. Today's helpers must have a wider, more diverse range of knowledge

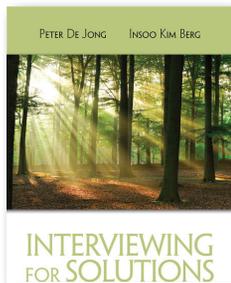
and skills than ever before—including an understanding of culturally diverse human behavior and development, the process of change, the power of contemporary forces, and sound theories and methods of helping and communicating. This clear, applied, and respected book will help you master the skills of interviewing and relationship building to prepare you for the reality of what it's like to be a helper. It's also a resource you'll want to hold onto throughout your studies and well into your career.

## INTERVIEWING FOR SOLUTIONS, 4E

Peter De Jong, Calvin College; Insoo Kim Berg

© 2013, 464pp, Paperback, 9781111722203

### eBook



Written in a clear, informative, and informal style, INTERVIEWING FOR SOLUTIONS features a unique solutions-oriented approach to basic interviewing in the helping professions. Peter DeJong and Insoo Kim Berg's proven approach views

clients as competent, helps them to visualize the changes they want, and builds on what they are already doing that works. Throughout the book, the authors present models for solution-focused work, illustrated by examples and supported by research. Resources such as an instructional DVD with integrated exercises, demonstration interviews, tools for solution building with clients, and more are available to accompany the text.

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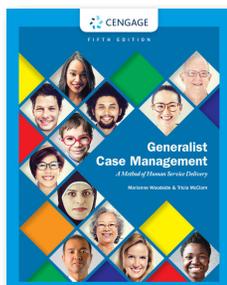
## SPECIAL TOPICS

### GENERALIST CASE MANAGEMENT, 5E A Method of Human Service Delivery

Marianne R. Woodside, University of Tennessee, Knoxville;  
Tricia McClam, University of Tennessee, Knoxville

© 2018, 432pp, Paperback, 9781305947214

### MindTap eBook



Become an effective case manager with GENERALIST CASE MANAGEMENT: A METHOD OF HUMAN SERVICE DELIVERY, 5th Edition. You'll be drawn into the text early on when you meet Sharon Bello, a client involved in the case management process.

Realistic and relevant, this text provides you with the fundamental skills and information you need to coordinate and provide services to a variety of populations. Case studies, interviews with human service case managers nationwide, and opportunities to apply what you learn to real-life issues are just a few of the tools that will help you become an effective advocate for your client. You'll also gain practical knowledge to help you prepare for earning C-SWMC certification and the HS-BCP credential.

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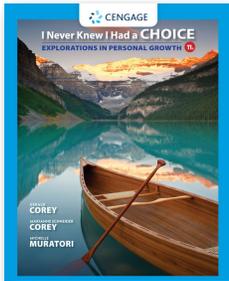
## I NEVER KNEW I HAD A CHOICE, 11E

Explorations in Personal Growth

*Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey, Licensed Therapist, Private Practice; Michelle Muratori, Center for Talented Youth at Johns Hopkins University, Baltimore, Maryland*

© 2018, 480pp, Paperback, 9781305945722

MindTap eBook



Honest and inspiring, I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, 11th Edition, will motivate you to focus on your personal growth and create real change. The text covers a broad range of key topics, including personal style of

learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. The warm yet research-based discussion of significant dimensions of life will help you examine the choices you've made, expand your awareness of the choices available to you, and choose where to go from here. As you work through the text's self-inventories, exercises, and activities -- and read the first-person accounts of the difficult choices real people have made -- you'll gain invaluable insight into your life, beliefs, and attitudes in a personally empowering way.

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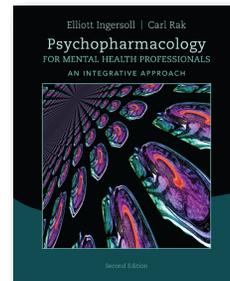
## PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, 2E

An Integrative Approach

*R. Elliott Ingersoll, Cleveland State University; Carl F. Rak, Cleveland State University*

© 2016, 432pp, Paperback, 9781285845227

eBook



Master the basics of psychopharmacology with

PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, Second Edition. Concise yet comprehensive, this counseling text covers the basic principles of psychopharmacology, commonly prescribed psychotropic drugs for adults, and psychotropic medications prescribed to children. Psychological, cultural, and social issues related to psychopharmacology are also addressed. Numerous case examples, study questions, bolded key terms, and a glossary help you understand and applying the material. Practical information about how to talk with clients about medication and compliance as well as hands-on information about how to approach collaboration with prescribing professionals prepares you to apply what you have learned to practice. This edition includes new material on psychosocial treatments that complement the most prescribed medications, expanded discussion of medication of children and the elderly, a new chapter on drug replacement therapies, reference to changes in the DSM-5, and more.

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## SUBSTANCE ABUSE COUNSELING

### NEW EDITION

### CONCEPTS OF CHEMICAL DEPENDENCY, 11E

Harold E. Doweiko, Viterbo University;  
Amelia Evans

© 2024, 736pp, Paperback, 9780357764497

### MindTap



Doweiko/Evans' CONCEPTS OF CHEMICAL DEPENDENCY, 11th EDITION, provides comprehensive coverage and the latest information on a spectrum of substance use disorders and the substances commonly misused. Author Amelia

Evans, continuing Harold Doweiko's work on prior editions, also covers topics not usually discussed in other substance use disorder texts, including anabolic steroids, inhalants, infectious diseases associated with substance misuse, the medical cannabis debate, and how the "war on drugs" has contributed to the problem of substance use disorders. This edition includes new information on recent reports expanding beyond the United States and updates reflecting new preferred language to reduce stigma. It also has a perspective beyond the United States for a more worldwide understanding of substance use disorders.

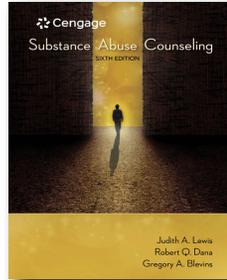
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### SUBSTANCE ABUSE COUNSELING, 6E

Judith A. Lewis, Governors State University; Robert Q. Dana, University of Maine, Orono; Gregory A. Blevins, Governors State University

© 2019, 320pp, Hardback, 9781337566612

### MindTap eBook



This book provides a practical and comprehensive overview of substance abuse counseling--great to keep as a reference after you complete your course. SUBSTANCE ABUSE COUNSELING, 6th Edition, focuses on empirical studies and the importance of

treating clients with a collaborative and respectful approach. These values lay the foundation for individualized treatment planning, attention to the client's social environment, a multicultural perspective and client advocacy. Personalized assessment, treatment planning and behavior change strategies show you how to meet your clients' needs and select the most effective treatment modalities for each individual. And in the MindTap digital learning solution, you can read an ebook version of the text and download useful forms and questionnaires.

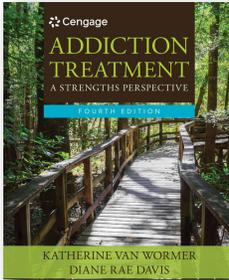
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## ADDICTION TREATMENT, 4E

Katherine van Wormer, *University of Northern Iowa*; Diane Rae Davis, *Eastern Washington University*

© 2018, 696pp, Paperback, 9781305943308

MindTap eBook



ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction

approaches, thus illuminating how you, as a future practitioner, can guide your clients down a trusted path that is tailored towards the client's particular needs. Through a number of first-person narratives about the experience of addiction, you will discover a realism and depth not commonly found in textbooks. Interesting and relevant topics -- such as the case against so-called underage drinking laws and an inside story of working in a casino -- draw you into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together.

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## THEORIES

**NEW EDITION**

## THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, GLOBAL EDITION, 11E

Gerald Corey, *Professor emeritus of Human Services and Counseling at California State University at Fullerton*

© 2024, 550pp, Paperback, 9798214033549

MindTap eBook



Incorporating the thinking, feeling and behaving dimensions of human experience, the Eleventh Edition of Corey's best-selling text offers an easy-to-understand guide to help you compare and contrast the therapeutic models expressed in counseling

theories. This wide-ranging text provides a thorough introduction to major theories including psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern and integrative approaches. With his trademark style, the author also demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"), providing valuable practical insights and helping you learn to integrate the theories into an individualized counseling style. In addition, the text features engaging media resources, available through MindTap, such as case-focused videos to help bring the material vividly to life.

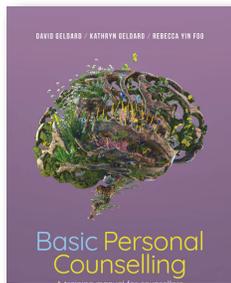
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## BASIC PERSONAL COUNSELLING, 9E

David Geldard; Kathryn Geldard; Rebecca Yin Foo

© 2022, 432pp, Paperback, 9780170451871

### eBook



Basic Personal Counselling (BPC) is an easy-to-read introduction to counselling skills for both professional and volunteer counsellors, and workers in the helping professions. This ninth edition of Basic Personal Counselling includes new content on self-care and the

use of technology in counselling, as well as examples of counselling skills in practice. It encourages you to find ways of testing out your assumptions and discover if there is more that you could do or learn to improve and develop in your chosen career. Journaling, video recording with playback and reflecting team supervision are explained as opportunities to process and monitor your practice, along with easy-to-use templates to record your progress.

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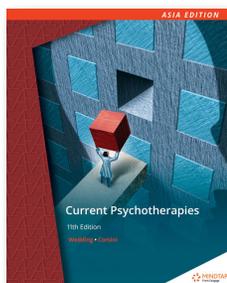
## AE CURRENT PSYCHOTHERAPIES, 11E

Danny Wedding; Raymond J. Corsini, University of Hawaii

© 2019, 672pp, Paperback, 9789814834537

### MindTap

### AsiaTitle



CURRENT PSYCHOTHERAPIES, 11th Edition, helps students learn, compare and apply all major systems of psychotherapy in a way that's meaningful to their classroom experience and their own practice. Used in top Counseling, Psychology

and Social Work programs, the book features an outstanding group of contributors--each of whom is either an originator or a leading proponent of one of the systems. These distinguished figures include Albert Ellis, Carl Rogers, Aaron Beck, Martin Seligman, John Norcross, Larry Beutler and Irvin Yalom. Each contributor presents the basic principles of a system, including how it compares with other systems. A case example in every theory chapter guides students through the problem, evaluation, treatment and follow-up process.

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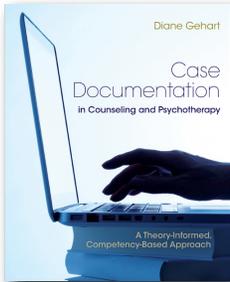
## CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY

A Theory-Informed, Competency-Based Approach

*Diane R. Gehart, California State University, Northridge*

© 2016, 560pp, Paperback, 9781305405219

### eBook



CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY teaches counselors and psychotherapists how to apply counseling theories in real-world settings. Written in a clear, down-to-earth style, the text provides a comprehensive introduction

to case documentation using four commonly used clinical forms: case conceptualization, clinical assessment, treatment plan, and progress note. These documents incorporate counseling theory and help new practitioners understand how to use theory in everyday practice. Case studies illustrate how to complete documentation using each of seven counseling models. Readers also learn about the evidence base for each theory as well as applications for specific populations. More than a text, this book can be used as a clinical reference manual by mental health professionals, providing practical overviews of theories, conceptualization, treatment planning, and documentation. Designed to produce measurable results that have value beyond the classroom, the text employs learning-centered, outcome-based pedagogy to engage students in an active learning process. Its case documentation assignments—created using national standards—help students apply concepts and develop professional skills early on in their training. Instructors are supported by syllabi templates, PowerPoint® slides, test banks, online lectures, scoring rubrics designed for accreditation assessment, and more.

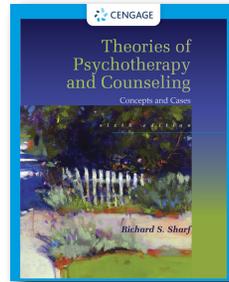
## THEORIES OF PSYCHOTHERAPY & COUNSELING, 6E

Concepts and Cases

*Richard S. Sharf, University of Delaware*

© 2016, 816pp, Paperback, 9780357671047

### eBook



Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips you with a solid understanding of the systematic theories of psychotherapy and

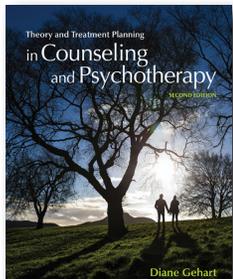
counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. He demonstrates how to apply theories to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help you understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior.

## THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, 2E

Diane R. Gehart, *California State University, Northridge*

© 2016, 528pp, Paperback, 9781305089617

### eBook



One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart's text is designed to teach the skills and knowledge outlined in current CACREP

Standards. Featuring state-of-the-art, outcomes-based pedagogy, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material.

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## SOCIAL WORK & HUMAN SERVICES

DIRECT METHODS /  
PRACTICE WITH INDIVIDUALS /  
CLINICAL PRACTICE

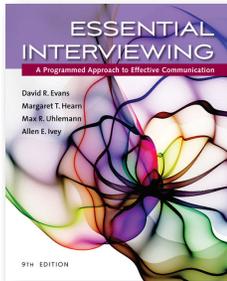
### ESSENTIAL INTERVIEWING, 9E

A Programmed Approach to Effective Communication

David R. Evans, *University of Western Ontario*; Margaret T. Hearn, *University of Western Ontario*; Max R. Uhlemann, *University of Victoria*; Allen E. Ivey, *Distinguished Professor Emeritus, University of Massachusetts, Amherst*

© 2017, 336pp, Paperback, 9781305271500

### MindTap eBook



Interviewing is one of the most important skills that you'll use in your career. This proven text gives you the tools you need to conduct successful interviews with diverse clients in a variety of professional settings, including social work,

counseling, nursing, personnel work, and human services. With an emphasis on the three major stages of interviewing: exploration, clarification, and action, ESSENTIAL INTERVIEWING offers the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. The text makes interview skills clear and specific -- and exposes you to a variety of client situations and cultures. Each chapter highlights an ethical situation you may confront in your future career, further grounding you in current standards of professional practice.

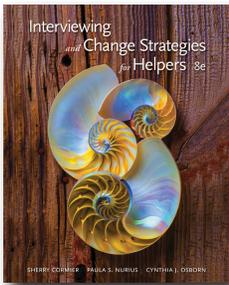
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## INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 8E

Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

© 2017, 640pp, Hardback, 9781305271456

MindTap eBook



Fully updated to reflect the latest research and issues, **INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS**, Eighth Edition introduces you to the knowledge, skills, values, and tools needed by today's professional helpers. The book's

conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and evidence-based intervention change strategies, thus preparing you to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

**NEW EDITION in June 2023**

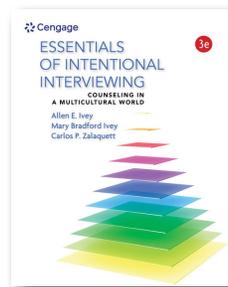
## ESSENTIALS OF INTENTIONAL INTERVIEWING, 3E

Counseling in a Multicultural World

Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett

© 2016, 340pp, Paperback, 9781305087330

MindTap eBook



**ESSENTIALS OF INTENTIONAL INTERVIEWING, 3rd Edition**, is your guide to interviewing in the helping professions. This succinct, reader-friendly text focuses on what you really need to know to begin your journey toward becoming an

effective professional in a diverse world. The Third Edition retains the authors' renowned microskills model, which revolutionized modern understanding of the counseling and therapy process by teaching vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, new video content, and brief summaries of key theories of helping (with additional information and transcripts available online). In addition, MindTap—an online learning platform with a full array of text-specific study tools—is available with the new edition.

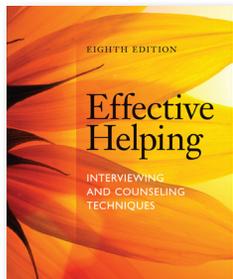
## EFFECTIVE HELPING, 8E

Interviewing and Counseling Techniques

*Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Ricki E. Kantrowitz, Westfield State College*

© 2015, 368pp, Paperback, 9781285161594

### eBook



Learn the skills and strategies you need to be an effective and empathic helper with **EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES**, Eighth Edition. Today's helpers must have a wider, more diverse range of knowledge

and skills than ever before—including an understanding of culturally diverse human behavior and development, the process of change, the power of contemporary forces, and sound theories and methods of helping and communicating. This clear, applied, and respected book will help you master the skills of interviewing and relationship building to prepare you for the reality of what it's like to be a helper. It's also a resource you'll want to hold onto throughout your studies and well into your career.

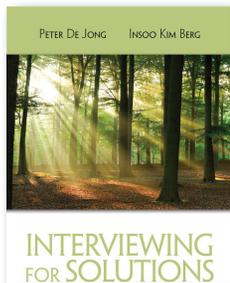
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## INTERVIEWING FOR SOLUTIONS, 4E

*Peter De Jong, Calvin College; Insoo Kim Berg*

© 2013, 464pp, Paperback, 9781111722203

### eBook



Written in a clear, informative, and informal style, **INTERVIEWING FOR SOLUTIONS** features a unique solutions-oriented approach to basic interviewing in the helping professions. Peter DeJong and Insoo Kim Berg's proven approach views

clients as competent, helps them to visualize the changes they want, and builds on what they are already doing that works. Throughout the book, the authors present models for solution-focused work, illustrated by examples and supported by research. Resources such as an instructional DVD with integrated exercises, demonstration interviews, tools for solution building with clients, and more are available to accompany the text.

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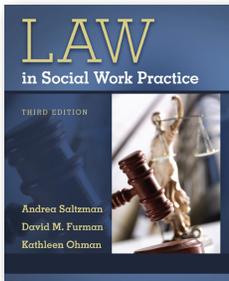
## ETHICS & LEGAL ISSUES

### LAW IN SOCIAL WORK PRACTICE, 3E

*Andrea Saltzman, University of California, Berkeley; David M. Furman, University of Denver; Kathleen Ohman, University of Illinois, Urbana-Champaign*

© 2016, 544pp, Paperback, 9781133312611

#### eBook



Written by an author team educated in both the law and social work, this book acquaints you with major state and federal laws, regulations, and court opinions that directly affect social work practice. **LAW IN SOCIAL WORK PRACTICE, 3rd Edition**

helps you understand how to work within the legal system to benefit clients and further client interests, recognize certain client problems as legal, and work effectively with lawyers, as well as how the law shapes and restricts clients' actions. It also addresses how the law regulates social work practice, and how to recognize and respect the rights of clients and others affected by a practitioner's actions.

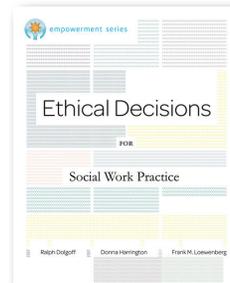
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### BROOKS/COLE EMPOWERMENT SERIES: ETHICAL DECISIONS FOR SOCIAL WORK PRACTICE, 9E

*Ralph Dolgoff, University of Maryland, Baltimore; Donna Harrington, University of Maryland, Baltimore; Frank M. Loewenberg, Emeritus, Bar-Ilan University*

© 2012, 336pp, Paperback, 9780840034106

#### eBook



With the ninth edition of **ETHICAL DECISIONS FOR SOCIAL WORK PRACTICE**, you will learn to recognize ethical issues and dilemmas, reason carefully about ethical issues, clarify your ethical aspirations at the level demanded by the profession, and achieve a

more ethical stance in your practice. This classic social work text places ethical decision making within the context of professional ethics and provides useful guidelines, including two ethical screens to help social work practitioners identify priorities among competing ethical obligations. Developed specifically for social workers, the text features numerous case-like exemplars based on real-world practice and drawn from a variety of social work settings, as well as explicit discussion of the 2008 Educational Policy and Accreditation Standards (EPAS).

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## FIELD/PRACTICUM/INTERNSHIP

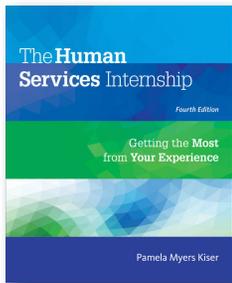
### THE HUMAN SERVICES INTERNSHIP, 4E

Getting the Most from Your Experience

*Pamela Myers Kiser, Elon University*

© 2016, 384pp, Paperback, 9781305087347

### eBook



An internship can be transformative, and this book helps you make sure that's the case. With THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE, 4th Edition as your guide, you'll make a meaningful connection

between your classroom learning and fieldwork experience. This practical, hands-on text features a unique six-step model that guides you in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. With exercises and activities designed to get you thinking reflectively about your day-to-day internship experiences right from the start, the author offers you tools to analyze and apply the lessons you've learned to your future career. Chapters focused on ethics, diversity, communication skills, stress management, and other key topics help you integrate your classroom knowledge with your experiences in the field. Supporting you through every stage of the internship process, the book explains what to expect at various points in the internship's development, offers tips for avoiding potential pitfalls, and includes examples of other students' experiences.

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## HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT

### NEW EDITION

### EMPOWERMENT SERIES: HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT: A MULTIDIMENSIONAL PERSPECTIVE, 7E

*José B. Ashford, Arizona State University; Craig W. LeCroy, Arizona State University; Lela Rankin Williams, Arizona State University*

© 2024, 600pp, Hardback, 9780357623497



Ashford/LeCroy/Rankin's EMPOWERMENT SERIES: HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT: A MULTIDIMENSIONAL PERSPECTIVE, 7th EDITION, is a comprehensive introduction to human behavior in the

social environment that offers a multidimensional approach, with discussion of integrative practice, theory, treatment, diversity and services. You'll find solid coverage of foundation knowledge, material on the biopsychosocial dimensions for assessing social functioning, and case studies to illuminate the applied aspects of case formulation processes. This edition integrates the core competencies and recommended practice behaviors outlined in the Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). Study tables and concept maps clarify major phases of biopsychosocial development. This text's framework gives you a concrete tool for assessing human behavior from a social work professional perspective.

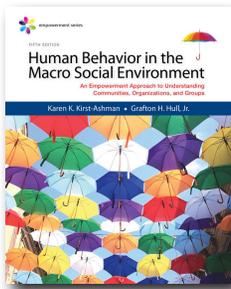
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## EMPOWERMENT SERIES: HUMAN BEHAVIOR IN THE MACRO SOCIAL ENVIRONMENT, 5E

Karen K. Kirst-Ashman, *University of Wisconsin, Whitewater*;  
Grafton H. Hull, Jr., *University of Utah*

© 2019, 656pp, Paperback, 9781305389502

MindTap eBook



Go straight to the heart of what social work is all about--and learn how to promote positive change by building upon the strengths of macro systems. In HUMAN BEHAVIOR IN THE MACRO SOCIAL ENVIRONMENT, 5th Edition, Karen Kirst-

Ashman and Grafton Hull provide a comprehensive overview of the subject while citing real-world practice and case studies to illustrate theories and their application. They focus on empowerment--encouraging communities, organizations and groups to promote change from the inside out. They also prompt you to think critically about how macro systems affect human behavior, and ultimately, how those systems shape the practice of social work. Up-to-date coverage of environmental justice, cognitive restructuring, building effective teams, faith-based social services and health care and many other topics reflects the latest developments and concerns in the field.

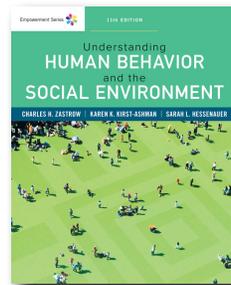
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## EMPOWERMENT SERIES: UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, 11E

Charles Zastrow; Karen K. Kirst-Ashman, *University of Wisconsin, Whitewater*; Sarah L. Hessenauer, *University of Wisconsin-Whitewater*

© 2019, 848pp, Paperback, 9781337556477

MindTap eBook



UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, 11th Edition, looks at the lifespan through the lens of social work theory and practice, covering human development and behavior theories within the context

of individual, family, group, organizational, and community systems. Using a chronological lifespan approach, the book presents separate chapters on biological, psychological, and social impacts at the different lifespan stages with an emphasis on strengths and empowerment. Part of the Brooks/Cole Empowerment Series, this edition is up to date and thoroughly integrates the core competencies and recommended behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

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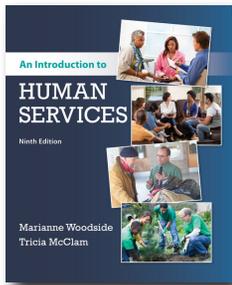
## INTRODUCTION TO HUMAN SERVICES

### AN INTRODUCTION TO HUMAN SERVICES, 9E

Marianne R. Woodside, *University of Tennessee, Knoxville*;  
Tricia McClam, *University of Tennessee, Knoxville*

© 2019, 336pp, Paperback, 9781337567176

### MindTap eBook



AN INTRODUCTION TO HUMAN SERVICES, 9th Edition offers a practical and comprehensive introduction to the human service profession. Drawing on their extensive experience, the authors define human services, review the historical

development of advocacy, examine service delivery models and processes, and emphasize the skills needed to succeed. Students gain a solid grounding in serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, developing sensitivity to cross-cultural issues, and empowering clients. Case studies highlight the practical applications of key concepts and prepare students to address issues they're likely to encounter. This edition reflects the changing world of human services, the clients that human service professionals serve, and the cultural dimensions of human services and clients.

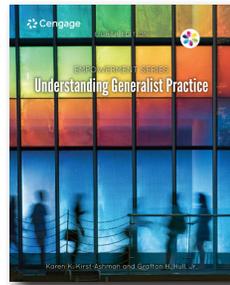
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### EMPOWERMENT SERIES: UNDERSTANDING GENERALIST PRACTICE, 8E

Karen K. Kirst-Ashman, *University of Wisconsin, Whitewater*;  
Grafton H. Hull, *University of Utah*

© 2018, 704pp, Paperback, 9781305966864

### MindTap eBook



Organized around the coherent and cohesive Generalist Intervention Model, this guide to generalist social work practice incorporates the knowledge, skills, and professional values you need to work with individuals and families, as well as the

foundation to work with groups, communities, and organizations. Updated to reflect current topics and practice, the book focuses on micro levels of social work practice while also discussing the interrelationship among the micro, mezzo, and macro levels. Part of the Brooks/Cole Empowerment Series, UNDERSTANDING GENERALIST PRACTICE, 8th Edition, clearly identifies content related to the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons throughout the text. Learning objectives, which are correlated to chapter headings and summaries, guide your reading and reinforce your understanding.

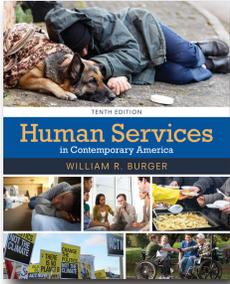
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## HUMAN SERVICES IN CONTEMPORARY AMERICA, 10E

William R. Burger, Kingsborough Community College of the City University of New York

© 2018, 384pp, Paperback, 9781305966840

MindTap eBook



Reflecting the latest policies and practices, HUMAN SERVICES IN CONTEMPORARY AMERICA, 10th Edition delivers a thorough examination of human services -- providing students with an insightful, realistic portrayal of the

field. Using a unique multidisciplinary approach, the book offers a complete overview of the helping field, its available programs, and the practical skills workers can employ. It also illustrates how recent governmental policy shifts affect the way human services professionals work. The text is renowned for the way it presents the history and practice of human services through the lens of a social problems and policy perspective. Throughout, the author helps readers understand how social, economic, and political issues affect human service workers as well as the people they serve. Practical and relevant, the text is packed with captivating examples of human services work across the country and offers insightful information on selected careers within the field.

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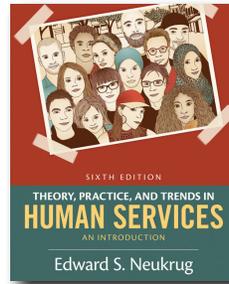
## THEORY, PRACTICE, AND TRENDS IN HUMAN SERVICES, 6E

An Introduction

Edward S. Neukrug, Old Dominion University

© 2017, 416pp, Paperback, 9781305271494

MindTap eBook



This easy-to-understand text addresses critical topics in human services to provide you with a comprehensive overview of the field. You'll learn about professional issues and major theories related to human service work as well as about how to work with

varying client populations and become a culturally competent helper. Major content areas include professional issues, standards in the profession (skill standards, ethics, accreditation, and credentialing), history, counseling theory, helping skills, human development, group and family counseling, community systems, consultation and supervision, and research, testing, and evaluation. The last chapter (on career development) gives you an opportunity to examine whether human services is the right field for you and helps you understand the career counseling process. The book is further distinguished by its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper.

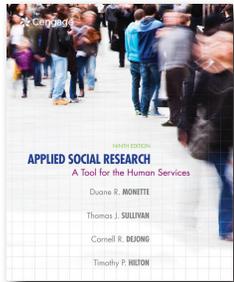
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## APPLIED SOCIAL RESEARCH, 9E A Tool for the Human Services

Duane R. Monette, Northern Michigan University; Thomas J. Sullivan, Northern Michigan University; Cornell R. DeJong, Northern Michigan University

© 2014, 592pp, Hardback, 9781285075518

### eBook



Presenting social science research methods within the context of human service practice, **APPLIED SOCIAL RESEARCH** is the ideal text for you as you pursue your studies in human services, counseling, social work, sociology, criminal justice, or

community planning. With in-depth coverage of every topic needed to develop an understanding of social science research methods, **APPLIED SOCIAL RESEARCH** brings the subject to life for you by showing how research is increasingly used in practice today. In addition, this fully updated edition includes a thought-provoking Eye on Ethics feature and new and revised Research in Practice vignettes. Available with InfoTrac® Student Collections <http://go.cengage.com/infotrac>.

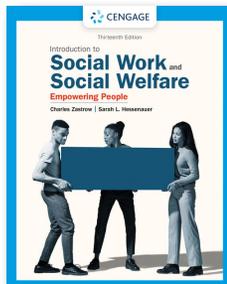
## INTRODUCTION TO SOCIAL WORK / SOCIAL WELFARE

### NEW EDITION

## EMPOWERMENT SERIES: INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 13E Empowering People

Charles Zastrow, Sarah L. Hessenauer, University of Wisconsin-Whitewater

© 2023, 832pp, Paperback, 9780357623398



Discover a thorough overview of today's social work profession with a realistic glimpse into social problems in contemporary society with Zastrow/Hessenauer's best-selling **INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE:**

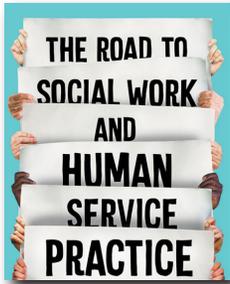
**EMPOWERING PEOPLE, 13E.** This practical text provides real insights you can apply in practice. Updates highlight the latest developments and emerging issues, from Biden's social welfare policies and self-care for social workers to employment, immigration, mass shootings and the pandemic. You learn to develop new methods for problem solving and empowering clients as the authors present positive strategies within the context of the core values, ethics, skills and knowledge base of today's professional social worker. Updated case studies, exhibits and tables highlight, compare and contrast contemporary social problems and issues. Core content from the Council on Social Work Education (CSWE) aligns with the latest Educational Policy and Accreditation Standards (EPAS).

## THE ROAD TO SOCIAL WORK & HUMAN SERVICE PRACTICE, 6E

*Lesley Chenoweth, Griffith University; Donna McAuliffe, Griffith University*

© 2021, 384pp, Paperback, 9780170446860

### eBook



The Road to Social Work and Human Service Practice gives you a comprehensive introduction to the professions of social work and the human services, with a focus on practice. It outlines the key areas of knowledge, skills, values, ethics, practice contexts

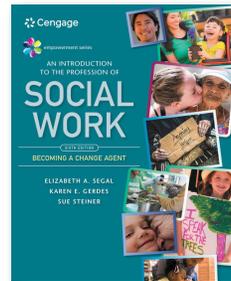
and contemporary debates. Perspectives from both clients and practitioners offer reflections on real-life social work and human services interventions, while new case studies show how theory can be applied to practice. Fully updated and revised, this text is an invaluable tool for those starting a career in the social work and human services sector.

## EMPOWERMENT SERIES: AN INTRODUCTION TO THE PROFESSION OF SOCIAL WORK, 6E

*Elizabeth A. Segal, Arizona State University; Karen E. Gerdes, Arizona State University; Sue Steiner, California State University Chico*

© 2019, 544pp, Paperback, 9781337567046

### MindTap eBook



What does it mean to be a social worker? Get an overview of the social work profession and learn about the role of the social worker in the social welfare system with Segal, Gerdes and Steiner's text. Through case studies, personal stories and exercises, AN

INTRODUCTION TO THE PROFESSION OF SOCIAL WORK helps you apply concepts as well as understand what social workers do, what they need to know and the issues they face. Part of the Brooks/Cole Empowerment Series, the sixth edition is completely up to date. It also prepares you for a successful career by integrating the core competencies and recommended practice behaviors outlined in the most recent Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

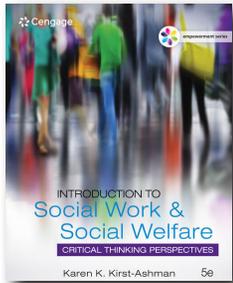
## EMPOWERMENT SERIES: INTRODUCTION TO SOCIAL WORK & SOCIAL WELFARE, 5E

Critical Thinking Perspectives

*Karen K. Kirst-Ashman, University of Wisconsin, Whitewater*

© 2017, 608pp, Hardback, 9781305388390

MindTap eBook



Designed to give you a solid introduction to the profession of social work, **INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 5th Edition** helps you understand the issues that social workers address every day. Using a clear

and engaging writing style, author Karen K. Kirst-Ashman presents a balanced overview within a unifying theme of critical thinking that will train you to use evaluative skills in your coursework and beyond. In addition, you'll study more efficiently and effectively with accompanying digital resources that provide you with opportunities to complete self-assessments as well as pre- and post-tests for each chapter. Thoughtful case studies throughout the text help to prepare you for your career by showing you what social work practice looks like in different contexts and with different populations.

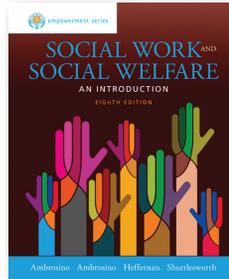
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## EMPOWERMENT SERIES: SOCIAL WORK AND SOCIAL WELFARE, 8E

*Rosalie Ambrosino, The University of Texas at San Antonio; Joseph Heffernan, Retired, University of Texas at Austin; Guy Shuttlesworth, Emeritus, University of Texas at Austin; Robert Ambrosino, The University of Texas at San Antonio*

© 2016, 576pp, Hardback, 9781305101906

MindTap eBook



Integrating the latest accreditation standards and practices from the field, the eighth edition of bestselling **SOCIAL WORK AND SOCIAL WELFARE** gives you a solid understanding of the social work profession and the role the profession plays in the social welfare

system. Illustrating that there are many reasons why social problems occur, the text explores the history, values, and economic, political, and cultural factors that surround these issues, as well as the attempts to solve or address them. The authors refrain from presenting a biased political perspective but instead challenge you to think critically about issues in a new way--giving you a more in-depth comprehension and appreciation for this important profession. Packed with real-world examples, this edition includes chapter-opening vignettes about social workers in specific settings, discussions about career opportunities for social workers, and updates on such key issues as health care, mental health, immigration, and criminal justice.

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## METHODS / PRACTICE OF SOCIAL WORK: GENERALIST

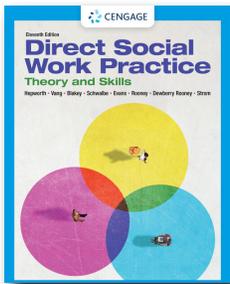
### NEW EDITION

#### EMPOWERMENT SERIES: DIRECT SOCIAL WORK PRACTICE, 11E

*Dean H. Hepworth, Emeritus, University of Utah and Arizona State University; Ronald Rooney, University of Minnesota; Joan Marie Blakey, Tulane University; Kim Strom-Gottfried, University of North Carolina at Chapel Hill*

© 2023, 450pp, Hardback, 9780357630594

### eBook



Considered the profession's ideal learning resource, **DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS**, Eleventh Edition, prepares you for effective real-world practice. Packed with case examples, illustrations and relevant learning experiences from

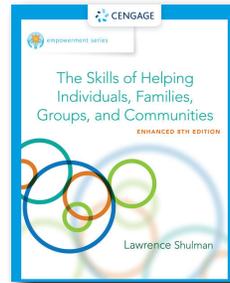
the authors and other social work practitioners, the text integrates the major theories and skills needed for contemporary direct social work practice. Part of the Brooks/Cole Empowerment Series, the Eleventh Edition is completely up to date, exploring evolving ethical and practice challenges, the impact of COVID-19, implications of electronic service delivery, social injustice, Black Lives Matter and other issues related to racial inequity. In addition, the authors have carefully revised the text to incorporate gender-neutral language and explore key structural implications affecting clients and practice. The text thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2015 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). As you're preparing to practice social work in today's complex world, this trusted text is an ideal resource to equip you for exam and career success.

#### EMPOWERMENT SERIES: THE SKILLS OF HELPING INDIVIDUALS, FAMILIES, GROUPS, AND COMMUNITIES, ENHANCED, 8E

*Lawrence Shulman, State University of New York, Buffalo*

© 2020, 888pp, Hardback, 9781305259003

### MindTap eBook



Shulman's text introduces a model for the helping process based on an "interactional" approach, which uses a variety of theories and skills to build on the client-helper relationship. By presenting the core processes and skills in the chapters on

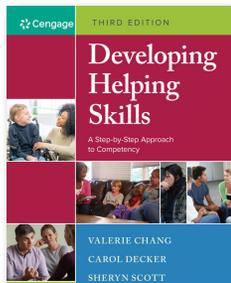
work with individuals, Shulman shows how common elements exist across stages of helping and across different populations. These processes and skills reappear in the discussions of group, family, and community work.

## DEVELOPING HELPING SKILLS, 3E A Step-by-Step Approach to Competency

Valerie Nash Chang, *Indiana University, Emeritus*; Carol L. Decker, *Indiana University*; Sheryn T. Scott, *Azusa Pacific University*

© 2018, 368pp, Paperback, 9781305943261

### MindTap eBook



Whether you are preparing for social work, psychology, counseling, marriage and family therapy, pastoral counseling, human services, or a related helping profession, this book presents the fundamental knowledge and skills you need. The

authors' multilayered learning system integrates reading and discussion with self-assessment and practice. DEVELOPING HELPING SKILLS prepares professionals in training for generalist practice with individuals, families, and groups, including entire communities and organizations. The text also includes a case that helps you learn to think like a professional. Finally, role playing in practice interviews as well as evaluation tools allow you to assess your progress and determine your readiness to apply your skills in real-life settings. If you use the MindTap online learning experience, you'll have access to videos demonstrating application of the skills, flashcards, notetaking, a mobile app, and other resources to help you succeed in the course.

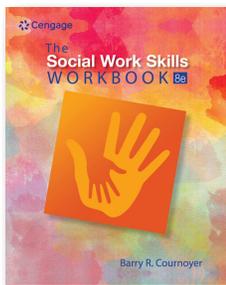
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## THE SOCIAL WORK SKILLS WORKBOOK, 8E

Barry R. Cournoyer, *Indiana University*

© 2017, 704pp, Paperback, 9781305633780

### MindTap eBook



THE SOCIAL WORK SKILLS WORKBOOK, Eighth Edition, enables you to develop proficiency in professionalism and the essential social work skills. After introducing 10 dimensions of professionalism, the book offers multiple opportunities

to rehearse, practice, and self-assess social work skills needed in a contemporary practice -- helping you become a more confident, ethical, and effective helper. Each social work skill supports one or more of the 43 knowledge and value statements and the 31 practice behaviors that elaborate core competencies in the 2015 Educational Policy and Accreditation Standards (EPAS) of the Council on Social Work Education (CSWE). The skills also align with nationally standardized licensing exams. The text includes explanations grounded in contemporary research, assessment tools and processes, and experiential components that help you get a realistic sense of the field. Case examples and skill-building exercises cultivate your professionalism and expertise.

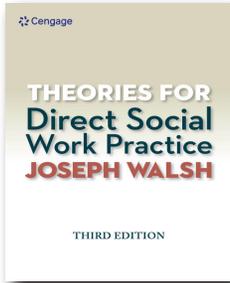
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## THEORIES FOR DIRECT SOCIAL WORK PRACTICE, 3E

Joseph Walsh, Virginia Commonwealth University

© 2015, 416pp, Paperback, 9781285750248

MindTap eBook



Walsh's text incorporates concise, comprehensive coverage of eleven major clinical practice theories commonly used in assessment, planning, and intervention tasks with individuals, families, and groups. The book's scope encompasses a broad view

of the field of practice, yet still allows students to look closely at each theory discussed.

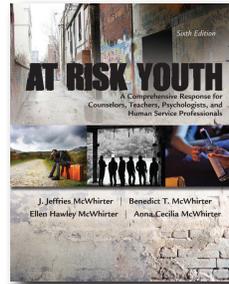
## METHODS/PRACTICE WITH CHILDREN/CHILD WELFARE

### AT RISK YOUTH, 6E

J. Jeffries McWhirter, Arizona State University; Benedict T. McWhirter, University of Oregon; Ellen Hawley McWhirter, University of Oregon

© 2017, 448pp, Paperback, 9781305670389

eBook



This text provides the conceptual and practical information on key issues and problems that you will need to prepare effectively for work with at-risk youth. Each chapter has resources that direct you to interesting and informative You Tube, TEDTalk, and research

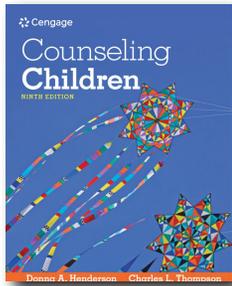
sites to expand upon and illustrate the written information. The authors describe and discuss the latest research-supported, evidence-based prevention and intervention techniques that will help you perform your job successfully and improve the lives of young people at risk.

## COUNSELING CHILDREN, 9E

*Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville*

© 2016, 768pp, Hardback, 9781285464541

### eBook



COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. To help prepare you for your career, the authors translate theory into practice by focusing on the application of ideas and current knowledge. This easy-to-read guide includes useful strategies and case studies to provide you with a realistic look at the counseling field. It also presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults. The ninth edition includes 2014 ACA ethical standards, best practice guidelines, and fresh ideas that facilitate your understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides you with effective ways to deliver interventions across multiple settings.

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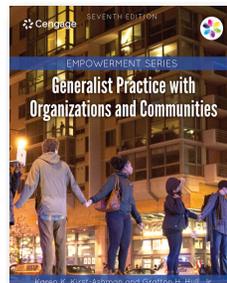
## METHODS/PRACTICE WITH COMMUNITIES

### EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, 7E

*Karen K. Kirst-Ashman, University of Wisconsin, Whitewater;  
Grafton H. Hull, Jr., University of Utah*

© 2018, 608pp, Paperback, 9781305943292

### MindTap eBook



Get a practical, comprehensive, and clearly written introduction to the fundamentals of macro practice with EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, 7th Edition. Updated

throughout, the book reflects the Council on Social Work Education's (CSWE) latest accreditation standards as well as contemporary issues in social work literature. The authors emphasize the practical skills you'll need to work effectively in the area of macro practice -- providing leadership, working with supervisors, managing conflict, working with the media, using new technologies, fundraising, grant writing, and managing stress. You'll learn how to use one-on-one and group practice skills for community and organizational change. Realistic vignettes and practical features -- hands-on tips, sample forms, and a running case study -- deepen your expertise and enhance your performance in the field. This edition is available with the MindTap online learning solution.

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## PROMOTING COMMUNITY CHANGE: MAKING IT HAPPEN IN THE REAL WORLD, 6E

Mark S. Homan, *Retired, Pima Community College*

© 2016, 624pp, Paperback, 9781305101944

### eBook



Improve the lives of individual clients and their communities with the skills you learn in PROMOTING COMMUNITY CHANGE, 6th Edition. This practical--and often humorous--text addresses the real-world issues facing professionals in social work, human services, and community health. It also emphasizes the role a strengthened community can play in preventing and solving the problems commonly experienced by individuals and families. By teaching you to identify the issues related to change, this text provides you with the tools you need to bring clients, families, and other community members together to build healthier communities for themselves, their families, and their neighbors.

## METHODS/PRACTICE WITH FAMILIES

### NEW EDITION

## MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 4E

Diane R. Gehart, *California State University, Northridge*

© 2024, 672pp, Paperback, 9780357764565

### eBook



Gehart's MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 4th Edition, not only teaches you about family therapy theories, but also how to

use them. A resource you will turn to again and again, it covers most of what you need to know in graduate school and to pass your licensing exams. Students love the book's relaxed, down-to-earth style that makes even complex concepts easy to understand, along with its real-world clinical forms -- case conceptualization and treatment planning -- that can be used with clients. Integrating diversity and research considerations into theoretical discussions and practical applications, the book provides a more holistic and nuanced understanding of couple and family therapy. The fourth edition is packed with the latest research, new theories, telehealth practices, licensure exam prep tips and more.

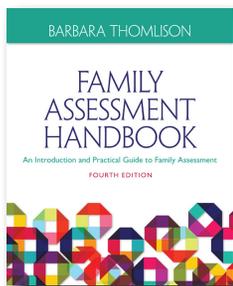
## FAMILY ASSESSMENT HANDBOOK, 4E

An Introductory Practice Guide to Family Assessment

*Barbara Thomlison, Florida International University*

© 2016, 304pp, Paperback, 9781285443973

### eBook



Prepare to work effectively with families with **FAMILY ASSESSMENT HANDBOOK: AN INTRODUCTION AND PRACTICAL GUIDE TO FAMILY ASSESSMENT**, Fourth Edition. Providing practical information and theoretical foundations

established on evidence-based methodology, the text presents a step-by-step approach to family practice that teaches you to be a critical thinker for the study and practice of family work. You'll learn to develop multiple views of a problem, and to integrate common skills from traditional, post-modern, and evidence-based systemic family models. The evidence base for this edition reflects a resilience-based and integrated family systems approach to practice. First, you'll study relevant systems theory and concepts that guide family practice, building a foundation that will assist you in case assessment. Next, you'll be introduced to evidence-based assessment measures and interventions for common family issues. You'll also study the important role of reflection and disclosure writing skills for engaging families. New cases demonstrate the process of assessment and interventions, and exercises help you hone your skills. In addition, you'll find examples of assessment reports, intervention contracts, and capstone assessment case presentations in Appendices.

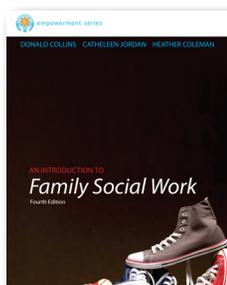
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## BROOKS/COLE EMPOWERMENT SERIES: AN INTRODUCTION TO FAMILY SOCIAL WORK, 4E

*Donald Collins, University of Calgary; Catheleen Jordan, University of Texas, Arlington; Heather Coleman, University of Calgary*

© 2013, 512pp, Paperback, 9781133312628

### eBook



**AN INTRODUCTION TO FAMILY SOCIAL WORK**, Fourth Edition provides a strong foundation in the concepts and skills you will need to succeed in practice with families. The book offers engaging case studies, end-of-chapter exercises, illustrations, and graphics to familiarize you with the topics at hand.

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## METHODS/PRACTICE WITH GROUPS

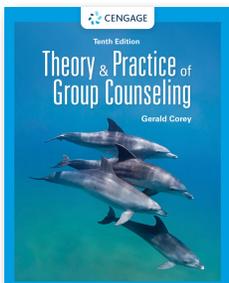
### NEW EDITION

## THEORY AND PRACTICE OF GROUP COUNSELING, 10E

Gerald Corey, *Professor emeritus of Human Services and Counseling at California State University at Fullerton*

© 2023, 560pp, Paperback, 9780357622957

### MindTap



Gain an in-depth overview of the ten group counseling theories with Corey's best-selling THEORY AND PRACTICE OF GROUP COUNSELING, 10E. Using a clear, straightforward writing style, this edition illustrates how to put these theories into practice and

even guides you in developing your own framework for effective group counseling with a syntheses of various aspects of the theories. New learning objectives and a consistent chapter structure help you easily grasp each theoretical concept and its relationship to group practice. This edition highlights the latest developments and most recent literature from the field with new and expanded information on accreditations, ethics and cultural sensitivity. A new video series, Group Theories in Action, provides video segments that correspond to Chapters 6-15 and bring each theory to life.

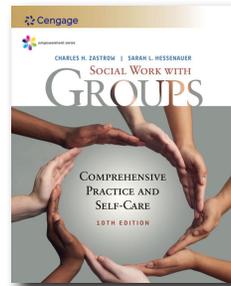
## EMPOWERMENT SERIES: SOCIAL WORK WITH GROUPS, 10E

Comprehensive Practice and Self-Care

Charles Zastrow; Sarah L. Hessenauer, *University of Wisconsin-Whitewater*

© 2019, 672pp, Paperback, 9781337567916

### MindTap eBook



Build effective group leadership skills with the experiential and self-evaluation exercises in SOCIAL WORK WITH GROUPS. The authors discuss topics that are central to understanding group leadership: stages of groups, group dynamics,

verbal and nonverbal communication, types of groups, and diversity in groups. With support from this book, your classroom becomes a "lab" where you can experience what it's like to work in and lead many kinds of groups. This edition also emphasizes self-care -- with 30 strategies that you can use to improve your, and your clients', well-being.

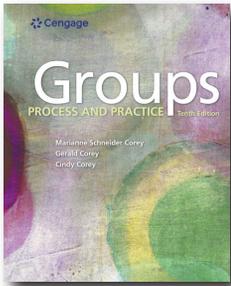
## GROUPS, 10E

Process and Practice

*Marianne Schneider Corey, Licensed Therapist, Private Practice; Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Cindy Corey*

© 2018, 576pp, Hardback, 9781305865709

### MindTap eBook



Learn to blend theory with practice in group work with Marianne, Gerald, and Cindy Corey's **GROUPS: PROCESS AND PRACTICE**. Focusing on the “what is” and the “how to” of group counseling, the authors use up-to-date examples, guidelines,

insights, and an enhanced diversity perspective to show you how group leaders can apply the key concepts of the group process to a variety of groups. You'll receive practical guidance on working with groups of children, adolescents, and adults in both school settings and community settings. Many new activities encourage active learning, enabling you to see clinical applications come to life in the content that is covered. Also available: the MindTap online learning experience, which includes videos of group counseling sessions that further help to prepare you for professional practice.

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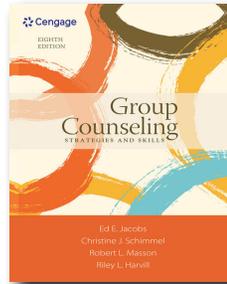
## GROUP COUNSELING, 8E

Strategies and Skills

*Ed E. Jacobs, West Virginia University, Morgantown; Christine J. Schimmel, West Virginia University; Robert L. Masson, West Virginia University, Morgantown; Riley L. Harvill*

© 2016, 496pp, Paperback, 9781305087309

### MindTap eBook



**GROUP COUNSELING: STRATEGIES AND SKILLS**, Eighth Edition, provides an in-depth look at group counseling with an emphasis on practical knowledge and techniques for effective group leadership. The authors discuss the many facets of

group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. The book focuses on the skills necessary for starting and ending a session, as well as on how to make the middle phase productive and meaningful. Its practical, active approach is supported by nearly 50 video segments—including several new ones—that demonstrate specific skills as well as the integration of multiple skills and techniques. Through its integration of traditional theories and concepts of group process with thoughtful strategies and specific skills, this reader-friendly book and video clips meet the needs of practicing or future counselors, social workers, psychologists, and others who are leading or preparing to lead groups in a variety of settings.

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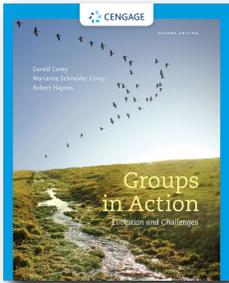
## GROUPS IN ACTION, 2E

Evolution and Challenges (with Workbook, CourseMate with DVD, 1 term (6 months) Printed Access Card)

*Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey, Licensed Therapist, Private Practice; Robert Haynes*

© 2014, 128pp, Paperback, 9781285095059

### eBook



**STUDENT DESCRIPTION:** On GROUPS IN ACTION's exciting videos, you will see Marianne and Gerald Corey in action as they demonstrate their integrative approach to group work. You'll watch a real group move through its various stages and will

observe group members discuss real issues and present reactions in the group context. These compelling videos were filmed at a three-day intensive group and show the unfolding of a live group as the group members build "a circle of trust." The videos highlight the development of the group process by showing segments of the group work that occurred over the three-day session. Throughout the video, the Coreys demonstrate a wide variety of techniques and skills, including how to deal with members' hesitation and resistance, their feelings of not being "good" enough, their fears of being judged, their difficulties with intimate relationships, and their unresolved issues with parents. A new addition to these videos is a series of lecturettes featuring Dr. Gerald Corey. The accompanying exercises and explorations are directly linked to the videos and the book, GROUPS: PROCESS AND PRACTICE, thus enabling you to build your skills and apply them to various situations. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

## RESEARCH METHODS AND STATISTICS

### EMPOWERMENT SERIES: RESEARCH METHODS FOR SOCIAL WORK, 9E

*Allen Rubin; Earl R. Babbie, Chapman University, Berkeley*

© 2017, 672pp, Paperback, 9780357670972

### MindTap eBook



If you're intimidated by the thought of taking research methods, Rubin and Babbie's classic bestseller can help you overcome the fear factor often associated with this course with its reader-friendly presentation of all aspects of the research endeavor. If you're not

intimidated, you'll still appreciate the authors' clear and often humorous writing style as well as the book's depth and breadth of coverage. RESEARCH METHODS FOR SOCIAL WORK, Ninth Edition, strikes an optimal balance of quantitative and qualitative research techniques -- illustrating how the two methods complement one another and can be integrated in the same study. Relevant examples from real-world settings highlight the connections between research and social work practice. Comprehensive, friendly, accurate, and integrating the best of technology, this text is widely considered the best text for the research methods course -- and when you read it, you'll see why.

## EMPOWERMENT SERIES: ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, 4E

Allen Rubin; Earl R. Babbie, Chapman University, Berkeley

© 2016, 448pp, Paperback, 9781305101685

MindTap eBook



Reader friendly and clear, Rubin and Babbie's concise and social work-specific research methods text provides you with the tools you need to understand the essential content for the course. Illustrations and examples throughout show you how you can apply

research to practice. Outlines, introductions, boxed features, chapter endings with main points, review questions and exercises, and Internet exercises provide you with the information and practice you need to succeed in the course. As part of the Cengage Empowerment Series, ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, 4th Edition, thoroughly integrates the core competencies and recommended practice behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

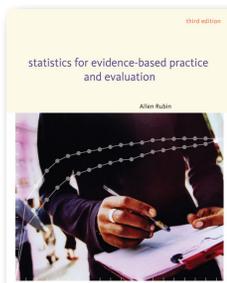
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## STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E

Allen Rubin

© 2013, 368pp, Paperback, 9780840029140

eBook



Both practical and easy to read, Rubin's social work-specific STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION provides you with a step-by-step guide that will help you succeed in your course. Practice illustrations and exercises

support your ability to study and retain core concepts, while practical examples provide you with the opportunity to see how and when data analysis and statistics are used in the real world.

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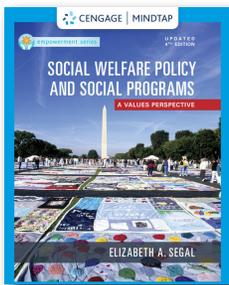
## SOCIAL WELFARE POLICY AND HISTORY

### EMPOWERMENT SERIES: SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS, ENHANCED, 4E

Elizabeth A. Segal, Arizona State University

© 2020, 448pp, Paperback, 9781305101920

MindTap eBook



Segal's EMPOWERMENT SERIES: SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS, ENHANCED, 4th Edition, does more than enable you to identify, describe, and analyze social welfare policies--it also draws you into an examination of the

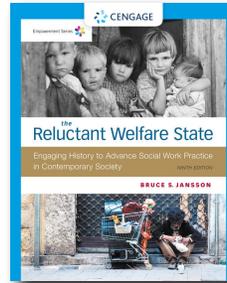
values and beliefs that drive our social welfare system. The author demonstrates how the myriad values of diverse groups in America have influenced current policies, and shows that analysis takes place through the lens of these often opposing values. Strategies for how these policy insights can be applied to influence the policy-making process are also presented. The dual themes of critical thinking and critical evaluation provide the framework of the book, and Segal's inclusion of international perspectives on values around social welfare policies and social programs heightens your awareness of the global implications of social work around the world.

### EMPOWERMENT SERIES: THE RELUCTANT WELFARE STATE, 9E

Bruce S. Jansson, School of Social Work, University of Southern California

© 2019, 624pp, Hardback, 9781337565639

MindTap eBook



Written in clear, lively prose and integrated with the 2015 EPAS, this book analyzes the evolution of the American welfare state from colonial times to the present, placing social policy in its political, cultural and societal contexts.

## EMPOWERMENT SERIES: BECOMING AN EFFECTIVE POLICY ADVOCATE, 8E

*Bruce S. Jansson, School of Social Work, University of Southern California*

© 2018, 544pp, Hardback, 9781305943353

MindTap eBook



Jansson's BECOMING AN EFFECTIVE POLICY ADVOCATE teaches you the ins and outs of conducting policy practice, preparing you to become an effective policy advocate during your own career. The eighth edition's coverage includes discussion of such

events and issues as Barack Obama's presidency, the presidential primaries and election of 2016, the battle over equality among national politicians in 2016, and many issues facing social agencies. By going beyond the traditional foundational approach to policy, this text helps you develop the skills you need to become an advocate for social change. It offers you practical guidance on how to develop social media campaigns, and discusses ways you can participate in reducing inequality -- the issue that drew the attention of millions of millennials in the presidential election of 2016.

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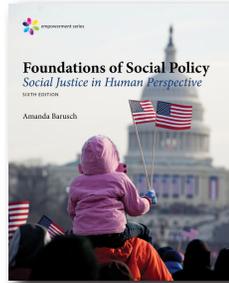
## EMPOWERMENT SERIES: FOUNDATIONS OF SOCIAL POLICY, 6E

Social Justice in Human Perspective

*Amanda S. Barusch, University of Utah and University of Otago*

© 2018, 576pp, Hardback, 9781305943247

MindTap eBook



Reflecting the idea that social justice is a primary mission of the social work profession, this text provides a thorough grounding in policy analysis -- with coverage of policy practice and a unique emphasis on the human dilemmas inherent in the

pursuit of social justice. Aligned with current standards and core competencies, FOUNDATIONS OF SOCIAL POLICY, 6th Edition introduces you to philosophical perspectives on what constitutes social justice, and identifies values and assumptions reflected in contemporary policy debates. Students have said they like how this book deepens their understanding of current developments, including topics straight from the headlines. The book also introduces you to people whose lives are influenced by U.S. policies, as well as to those who have shaped the policies.

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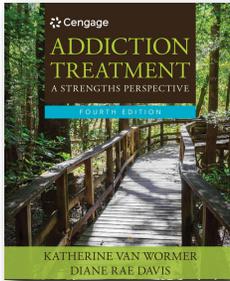
## SPECIAL TOPICS

### ADDICTION TREATMENT, 4E

*Katherine van Wormer, University of Northern Iowa; Diane Rae Davis, Eastern Washington University*

© 2018, 696pp, Paperback, 9781305943308

MindTap eBook



ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction

approaches, thus illuminating how you, as a future practitioner, can guide your clients down a trusted path that is tailored towards the client's particular needs. Through a number of first-person narratives about the experience of addiction, you will discover a realism and depth not commonly found in textbooks. Interesting and relevant topics -- such as the case against so-called underage drinking laws and an inside story of working in a casino -- draw you into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together.

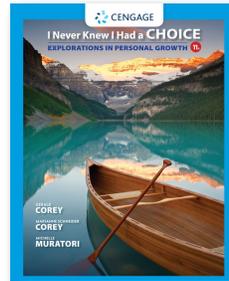
### I NEVER KNEW I HAD A CHOICE, 11E

Explorations in Personal Growth

*Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton; Marianne Schneider Corey, Licensed Therapist, Private Practice; Michelle Muratori, Center for Talented Youth at Johns Hopkins University, Baltimore, Maryland*

© 2018, 480pp, Paperback, 9781305945722

MindTap eBook



Honest and inspiring, I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, 11th Edition, will motivate you to focus on your personal growth and create real change. The text covers a broad range of key topics, including personal style of

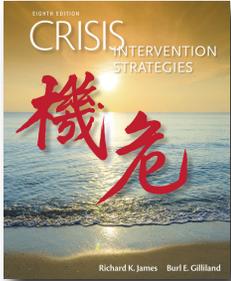
learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. The warm yet research-based discussion of significant dimensions of life will help you examine the choices you've made, expand your awareness of the choices available to you, and choose where to go from here. As you work through the text's self-inventories, exercises, and activities -- and read the first-person accounts of the difficult choices real people have made -- you'll gain invaluable insight into your life, beliefs, and attitudes in a personally empowering way.

## CRISIS INTERVENTION STRATEGIES, 8E

*Richard K. James, University of Memphis; Burl E. Gilliland, Late of University of Memphis*

© 2017, 752pp, Paperback, 9780357670651

MindTap eBook



This authoritative, best-selling text presents the latest skills and techniques for handling crisis situations. The authors' task model clearly illustrates and elucidates the process of dealing with people in crisis, from defining the problem to obtaining commitment.

Using this model, the authors build specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. This book puts you on the front lines with the crisis worker throughout the chapters, and then illuminates the techniques and strategies the worker used. New videos in MindTap (available with the text) correlate with the text and demonstrate crisis intervention techniques, ensuring that you not only understand the theoretical underpinnings of crisis intervention theories, but also know how to apply them in crisis situations.

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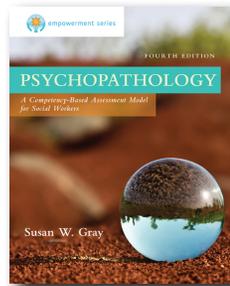
## EMPOWERMENT SERIES: PSYCHOPATHOLOGY, 4E

A Competency-based Assessment Model for Social Workers

*Susan W. Gray, Barry University; Marilyn R. Zide, Late of Barry University*

© 2017, 480pp, Paperback, 9781305101937

eBook



Written by a practicing social worker, **PSYCHOPATHOLOGY** offers a compelling look at the current state of knowledge about mental disorders. The authors' accessible narrative blends with detailed, realistic vignettes to give you an

inside look at what it means to practice psychopathology today. Part of the Cengage Empowerment Series, the fourth edition is completely up to date and thoroughly integrates the new DSM-V. It also integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

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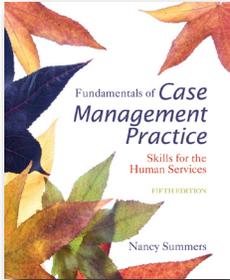
## FUNDAMENTALS OF CASE MANAGEMENT PRACTICE, 5E

Skills for the Human Services

Nancy Summers, Harrisburg Community College

© 2016, 544pp, Paperback, 9781305094765

MindTap eBook



This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The fifth edition focuses on what is most important for students to consider, document, and pass along in each step of

the human services process. Chapters walk students through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties. This edition is available with MindTap™, a seamless online learning experience that combines readings, multimedia, activities, and assessments into a singular Learning Path that guides students through the course.

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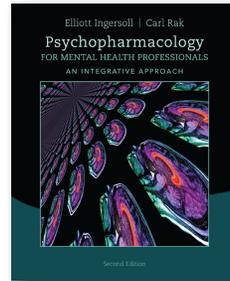
## PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, 2E

An Integrative Approach

R. Elliott Ingersoll, Cleveland State University; Carl F. Rak, Cleveland State University

© 2016, 432pp, Paperback, 9781285845227

eBook



Master the basics of psychopharmacology with PSYCHOPHARMACOLOGY FOR MENTAL HEALTH PROFESSIONALS, Second Edition. Concise yet comprehensive, this counseling text covers the basic principles of psychopharmacology,

commonly prescribed psychotropic drugs for adults, and psychotropic medications prescribed to children. Psychological, cultural, and social issues related to psychopharmacology are also addressed. Numerous case examples, study questions, bolded key terms, and a glossary help you understand and applying the material. Practical information about how to talk with clients about medication and compliance as well as hands-on information about how to approach collaboration with prescribing professionals prepares you to apply what you have learned to practice. This edition includes new material on psychosocial treatments that complement the most prescribed medications, expanded discussion of medication of children and the elderly, a new chapter on drug replacement therapies, reference to changes in the DSM-5, and more.

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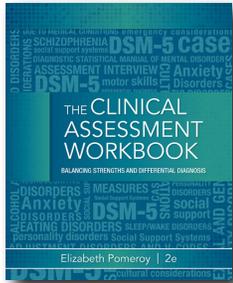
## CLINICAL ASSESSMENT WORKBOOK, 2E

Balancing Strengths and Differential Diagnosis

Elizabeth Pomeroy, University of Texas, Austin

© 2015, 480pp, Paperback, 9781285748887

### eBook



This practical workbook facilitates your understanding of the DSM-5 and other texts related to the diagnoses of mental disorders, enhancing your ability to assess your clients' strengths and to diagnose any emotional difficulties the clients may be

experiencing. THE CLINICAL ASSESSMENT WORKBOOK: BALANCING STRENGTHS AND DIFFERENTIAL DIAGNOSIS, 2nd Edition, offers a wealth of real life examples and exercises, providing you with the opportunity to practice your assessment skills in a classroom environment prior to entering the field as a mental health professional. You'll learn the various diagnostic categories of the DSM-5-along with dual diagnoses, symptom formulation, and the overlap between diagnostic categories-as well as how to apply these categories to clients you will be seeing in practice.

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## THEORIES

### NEW EDITION

## THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, GLOBAL EDITION, 11E

Gerald Corey, Professor emeritus of Human Services and Counseling at California State University at Fullerton

© 2024, 550pp, Paperback, 9798214033549

### MindTap eBook



Incorporating the thinking, feeling and behaving dimensions of human experience, the Eleventh Edition of Corey's best-selling text offers an easy-to-understand guide to help you compare and contrast the therapeutic models expressed in counseling

theories. This wide-ranging text provides a thorough introduction to major theories including psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern and integrative approaches. With his trademark style, the author also demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"), providing valuable practical insights and helping you learn to integrate the theories into an individualized counseling style. In addition, the text features engaging media resources, available through MindTap, such as case-focused videos to help bring the material vividly to life.

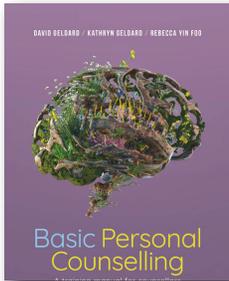
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## BASIC PERSONAL COUNSELLING, 9E

David Geldard; Kathryn Geldard; Rebecca Yin Foo

© 2022, 432pp, Paperback, 9780170451871

### eBook



Basic Personal Counselling (BPC) is an easy-to-read introduction to counselling skills for both professional and volunteer counsellors, and workers in the helping professions. This ninth edition of Basic Personal Counselling includes new content on self-care and the

use of technology in counselling, as well as examples of counselling skills in practice. It encourages you to find ways of testing out your assumptions and discover if there is more that you could do or learn to improve and develop in your chosen career. Journaling, video recording with playback and reflecting team supervision are explained as opportunities to process and monitor your practice, along with easy-to-use templates to record your progress.

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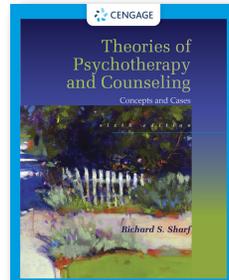
## THEORIES OF PSYCHOTHERAPY & COUNSELING, 6E

Concepts and Cases

Richard S. Sharf, University of Delaware

© 2016, 816pp, Paperback, 9780357671047

### eBook



Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips you with a solid understanding of the systematic theories of psychotherapy and

counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. He demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help you understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior.

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# Notes

# Notes



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